![CVCC logo]

CVCC

2023-2024
Workforce Solutions Schedule

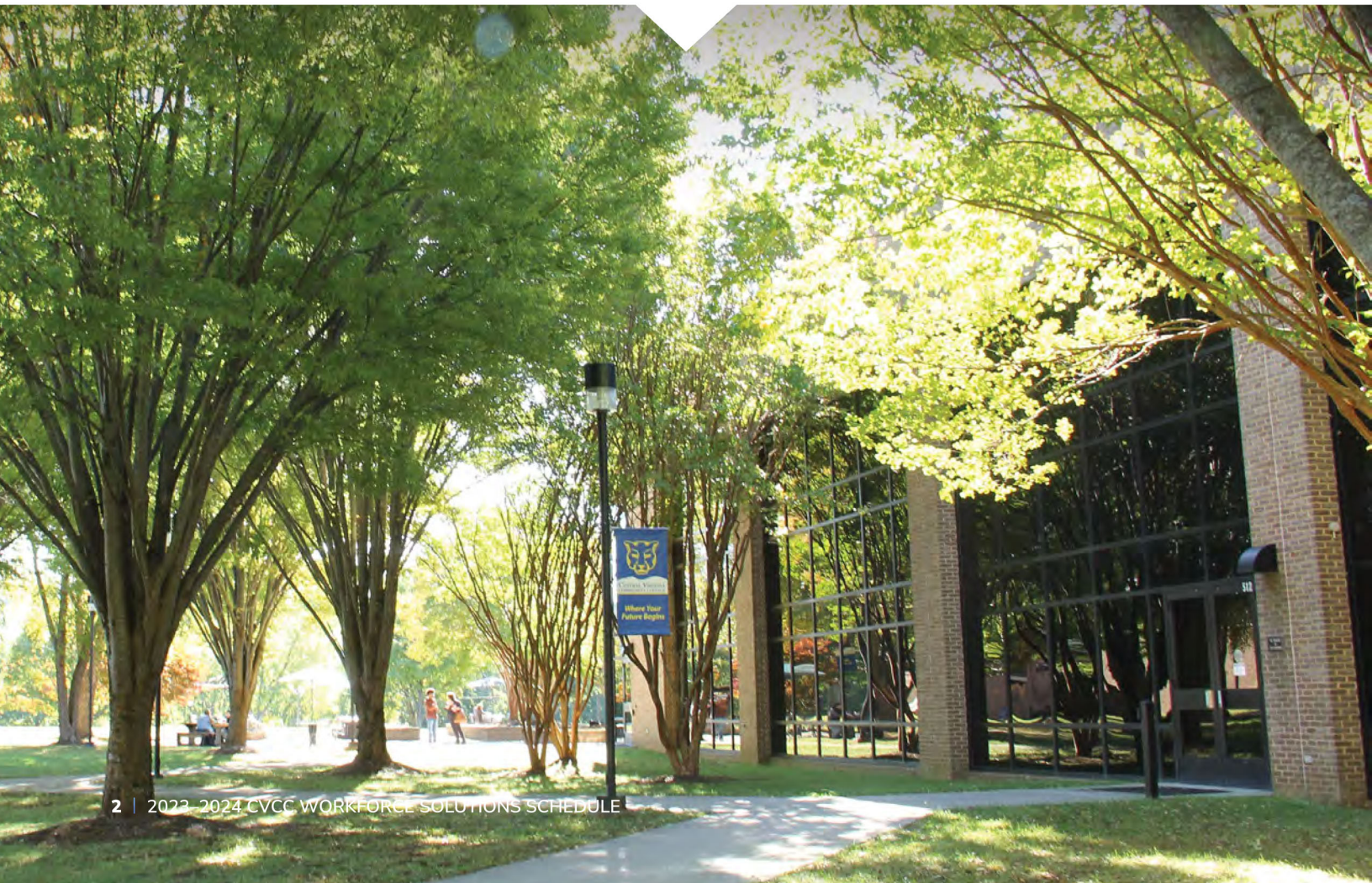## ENROLLING NOW!

WHO WE ARE

CVCC'S WORKFORCE SOLUTIONS TEAM

OUR PURPOSE:
SERVING OTHERS.
CHANGING LIVES.

Our Core Values:

- Change Agent
- Caring
- Strategic
- Collaborative
- Flexible
- Solutions Provider
- Regional Hub

OUR NICHE:
MAKING YOUR NEEDS OUR PRIORITY.

How do we serve our customers — students, citizens, businesses? We are:

- Available & Flexible Business Professionals
- Welcoming & Responsive
- Active Listeners
- Provide Options
- Offer Solutions
- Go Beyond

GET STARTED TODAY!

CVCC Workforce Solutions is at the forefront of education innovation. Our Corporate Training Department offers training programs and cohorts, apprenticeship and certification programs, and consulting and assessment services utilizing leading-edge technology, curriculum, philosophies, and methodology to help area businesses thrive.

- Real-World Experience
- People-Focused
- Affordable, Sustainable Solutions
- Flexible, Imaginative Delivery

Contact us to schedule a free consultation!

OUR BUSINESS & INDUSTRY FOCUS:
PROVIDING BUSINESS SOLUTIONS THAT WORK.

CVCC Workforce Solutions is driven by business and industry. WF can work with businesses to assess needs and identify potential solutions. Industry experts work to advance the region's workplace by promoting economic development through the delivery of cost-effective and innovative training solutions.

- Coaching & Consulting Services
- Community Partnerships
- Corporate Training
- Credential, Certificate, and Degree Programs
- Industry Incentives
- Leadership & Business Development
- Trade-specific Training
- Workforce Assessments & Testing
- Cost Effective
- Results Driven

Table of Contents

Credentialing, Certifications, & Training Programs

Earn in-demand, industry recognized credentials and get ahead in a career fast. *FastForward* Courses and Programs deliver:

- High quality, hands-on training in growing industries and occupations.
- Degrees and credentials recognized by employers.
- Accelerated/flexible career pathways.
- Online and hybrid training delivery platforms.
- Academic guidance.
- Financial advising.

Financial Aid for *FastForward* Programs

Domiciled Virginia residents can earn an industry credential at a reduced cost of tuition for short-term training programs. Income eligible students can qualify for additional financial assistance that pays up to 100% of the cost of your training in high-demand programs in fields like IT, healthcare and the skilled trades!

Financial advising is available to help you explore your financial aid options. It is easy to qualify for one of the following funding resources:

WORKFORCE CREDENTIALS GRANT (WCG) FUNDING IS AVAILABLE TO STUDENTS WHO DOMICILE IN VIRGINIA.

How it works: You pay the first 1/3 of the class tuition when you register. The Commonwealth of Virginia pays 1/3 when you complete the class. The final 1/3 is paid by the Commonwealth of Virginia when you earn a high-demand industry credential. If the student does not complete the FastForward program successfully, they will be billed for the second 1/3. If you qualify for WCG, you may be eligible for one of the following to help with the student 1/3 cost:

FANTIC (FINANCIAL AID FOR NONCREDIT TRAINING LEADING TO INDUSTRY CREDENTIALS)

The Financial Aid for Noncredit Training leading to Industry Credentials (FANTIC) program provides funding for students who are income-eligible and interested in enrolling in a FastForward program. Funding is limited and is offered to students on a first-come, first-served basis. Students must complete a CVCC FANTIC Application and submit all requested forms and information before being considered for assistance. This funding covers the student 1/3.

G3 (GET SKILLED, GET A JOB, GET AHEAD)

G3 is a tuition assistance program for any Virginia resident who qualifies for in-state financial aid and whose family income falls below an identified threshold. G3 can be used for designated programs in five of Virginia's most in-demand industries: Early Childhood Education, Healthcare, Information Technology, Public Safety, and Skilled Trades. This funding covers the student 1/3.

TOBACCO COMMISSION SCHOLARSHIPS (THIS FUNDING IS AVAILABLE THROUGH THE CVCC EDUCATIONAL FOUNDATION.)

Thanks to a generous annual grant from the Virginia Tobacco Region Revitalization Commission there are several scholarship types available to CVCC students who live in Appomattox, Bedford, or Campbell Counties, or any of the other nearby tobacco region counties such as Pittsylvania, Halifax, and Charlotte. This funding covers half of the student 1/3.

VA READY SCHOLARS INITIATIVE (THIS IS AVAILABLE DIRECTLY THROUGH VA READY)

Students enrolled in the following FastForward Programs may be eligible for a $1,000 Credential Achievement Award: Technology, Healthcare, and Select Trades programs.

FASTFORWARD

BUSINESS AND TECHNOLOGY CAREER PATHWAYS

CVCC Workforce Solutions offers a series of instructor-led CompTIA Training in which students can begin a career pathway that tests different knowledge standards – from entry level to expert, earning stackable credentials along the way to include:

FASTFORWARD VIRTUAL SHRM EXAM PREPARATION PROGRAM

Central Virginia Community College's SHRM Certification Preparation Course will broaden and update your knowledge and skills while delivering everything you need to pass the SHRM-CP or SHRM-SCP exam, all in an interactive virtual online class environment. With our course, you will receive the 2023 SHRM Learning System which offers interactive tools and a roadmap to apply HR knowledge and competencies to real-life situations and maximize exam readiness with practice questions, including 160 questions previously used on real SHRM certification exams.

LOCATION: Virtual Synchronous Online
COST: $2,070.00 *Course materials and exam fees are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $690   WCG/G3: $0   WCG/TOBACCO: $345
Financial aid options available to reduce costs from $690 to $0.
COURSE OPTIONS:

FALL 2023 COURSE
CLASS DATES: August 22, 2023- December 5, 2023
CLASS DAYS: Tuesday
CLASS TIMES: 6:00PM – 9:00PM
ENROLLMENT DEADLINE: August 8, 2023

SPRING 2024 COURSE
CLASS DATES: January 16, 2024 - April 30, 2024
CLASS DAYS: Tuesday
CLASS TIMES: 6:00PM – 9:00PM
ENROLLMENT DEADLINE: January 2, 2024

FASTFORWARD HYBRID COMPTIA IT FUNDAMENTALS (IFT+)

This course is a great first step to a career in IT. Aimed to help students earn CompTIA IT Fundamentals Certification, this course covers hardware, software, networking, and cybersecurity topics. The IT Fundamentals Certification shows employers that you are comfortable with IT concepts and is a great starting point for more advanced certifications.

LOCATION: CVCC Main Campus, Framatome Building, Room 6212

COST: $1,560 *Course materials and exam fees are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:
WCG: $520   WCG/G3: $0   WCG/Tobacco: $260
Financial aid options available to reduce costs from $520 to $0.
COURSE OPTION:
FALL 2023 COURSE
CLASS DATES: August 23, 2023 – September 21, 2023
CLASS DAYS: Wednesday and Thursday
CLASS TIMES: 6:00PM – 9:00PM
ENROLLMENT DEADLINE: August 9, 2023

FASTFORWARD HYBRID COMPTIA A+

In this course we will cover both the A+ 220-901 and 220-902 exam objectives. With this interactive course you will learn the IT essentials needed to successfully pass the CompTIA A+ Certification. Your first module will concentrate on PC hardware and peripherals, mobile device hardware and learning how to troubleshoot hardware and network connectivity issues through hands-on labs and real-world examples. Your second module will specifically cover installing and configuring operating systems such as Windows, iOS, Android, Apple OS X and Linux. Additionally, you will learn and apply methods from two highly sought after areas in Cybersecurity and Cloud Computing. This course will prepare you to take and pass the CompTIA A+ exam, boosting opportunities for your IT career. Prior knowledge of hardware and software is required prior to taking this course or CompTIA Fundamentals credential.

LOCATION: CVCC Main Campus, Framatome Building, Room 6212
COST: $2,400 *Course materials and exam fees are included in tuition.
Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:
WCG: $800 WCG/G3: $0   WCG/Tobacco: $400
Financial aid options available to reduce costs from $800 to $0.
COURSE OPTION:
FALL 2023 COURSE
CLASS DATES: October 11, 2023 – December 7, 2023
CLASS DAYS: Wednesday and Thursday
CLASS TIMES: 6:00PM to 9:00PM
ENROLLMENT DEADLINE: September 27, 2023

FASTFORWARD HYBRID COMPTIA NETWORKING+

CompTIA Network+ is an entry level vendor neutral certification that validates the essential knowledge and skills needed to confidently design, configure, manage, and troubleshoot any wired and wireless network. This class covers all the topics that map to the skills and knowledge required to take the CompTIA Network+ certification exam. This certification exhibits competence in managing, maintaining, troubleshooting, installing, and configuring computer network infrastructures. Students will learn:

- Key cloud computing best practices and typical service models
- Coverage of newer hardware and virtualization techniques
- Concepts that will keep the network resilient.

LOCATION: CVCC Main Campus, Framatome Building, Room 6212
CLASS DATES: Wednesday & Thursday, January 17, 2024 – March 20, 2024
CLASS TIME: 6:00PM – 9:00PM
COST: $1,710
Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:
WCG: $570 WCG/G3: $0 WCG/Tobacco $285
Financial aid options available to reduce costs from $570 to $0.

FASTFORWARD HYBRID COMPTIA SECURITY+

CompTIA Security+ is a vendor-neutral certification that validates the competency of security professionals working in the IT industry. The Security+ certification confirms a technician's critical knowledge of communication security, infrastructure security, cryptography, operational security, and general security concepts. Students interested in taking this class must have one of the following: CompTIA Network+ certification or successfully completed the Network+ course, minimum of two years on-the-job work experience in information security, and degree (AS, BA, BS) in IT, Computer Science, or Cyber Security).

LOCATION: CVCC Main Campus, Framatome Building, Room 6212
CLASS DATES: Wednesday and Thursday, April 3, 2024 – May 9, 2024
CLASS TIME: 6:00PM – 9:00PM
COST: $1,560
Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:
WCG: $520 WCG/G3: $0 WCG/Tobacco $260
Financial aid options available to reduce costs from $520 to $0.

HEALTHCARE CAREER PATHWAYS

FASTFORWARD HYBRID PHLEBOTOMY TECHNICIAN PROGRAM

The CVCC Phlebotomy Technician Program is designed to prepare students to be professional Phlebotomy Technicians dedicated to safely collecting venous and dermal blood specimens for laboratory testing. In addition to classroom training, students will participate in clinical training completed in an accredited laboratory at a local medical center. The program prepares graduates to sit for the ASCP-BOC national certification exam in Phlebotomy. Graduates are equipped to prepare the patient, perform venipuncture and dermal blood collection, maintain the quality of the specimen, and assist with collection of other non-blood specimens in a variety of settings.

LOCATION: CVCC Main Campus, Amherst Building, Room 2205

COST: $2,334.00 *Course materials and exam fees are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $778   WCG/G3: $0   WCG/Tobacco: $389

Financial aid options available to reduce costs from $778 to $0.

COURSE OPTIONS:

SUMMER 2023 EVENING COURSE

CLASS DATES: June 5, 2023 – September 27, 2023
CLASS DAYS: Monday and Wednesday
CLASS TIMES: 6:00PM – 9:00PM
ENROLLMENT DEADLINE: May 15, 2023

FALL 2023 DAY COURSE

CLASS DATES: September 5, 2023 – December 7, 2023
CLASS DAYS: Tuesday and Thursday
CLASS TIMES: 9:00AM– 12:00PM & 1:00PM – 4:00PM
ENROLLMENT DEADLINE: August 22, 2023

SPRING 2024 EVENING COURSE

CLASS DATES: January 24, 2024 – April 29, 2024
CLASS DAYS: Monday and Wednesday
CLASS TIMES: 6:00PM – 9:00PM
ENROLLMENT DEADLINE: January 10, 2024

SUMMER 2024 EVENING COURSE

CLASS DATES: June 3, 2024 – August 4, 2024
CLASS DAYS: Monday and Wednesday
CLASS TIMES: 6:00PM – 9:00PM
ENROLLMENT DEADLINE: May 20, 2024

FASTFORWARD HYBRID CERTIFIED CLINICAL MEDICAL ASSISTANT (CCMA) PROGRAM

The Clinical Medical Assistant program is designed to prepare students to be professional Medical Assistants, as multi-skilled allied health care professionals that specialize in procedures commonly performed in the ambulatory health care setting. This class is 108 hours of classroom instruction and will cover theory and in class practice. Students may work in medical offices, clinics, urgent care centers, and may work in general medicine or specialty practices. This program includes classroom instruction and covers theory and in-class practice and an online portion. Students will be exposed to many medical and administrative tasks. After successful completion of the classroom portion students will sit for the NHA (National HealthCareer Association).

LOCATION: CVCC Main Campus, Amherst Building, Room 2205

COST: $3,267.00 *Course materials and exam fees are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:
WCG: $1,089   WCG/G3: $0   WCG/Tobacco: $544.50

Financial aid options available to reduce costs from $1,089 to $0.

COURSE OPTIONS:

SPRING 2023 DAY COURSE

CLASS DATES: April 17, 2023 – June 26, 2023
CLASS DAYS: Monday and Wednesday
CLASS TIMES: 9:00AM – 12:00PM & 1:00PM – 4:00PM
ENROLLMENT DEADLINE: March 27, 2023

SUMMER 2023 DAY COURSE

CLASS DATES: July 17, 2023 – September 25, 2023
CLASS DAYS: Monday and Wednesday
CLASS TIMES: 9:00AM – 12:00PM & 1:00PM – 4:00PM
ENROLLMENT DEADLINE: June 26, 2023

FALL 2023 EVENING COURSE

CLASS DATES: October 3, 2023 - February 27, 2024
CLASS DAYS: Tuesday and Thursday
CLASS TIMES: 5:30PM – 8:30PM
ENROLLMENT DEADLINE: September 19, 2023

SPRING 2024 DAY COURSE

CLASS DATES: January 22, 2024 – April 8, 2024
TEST DATE: April 8, 2024
CLASS DAYS: Monday and Wednesday
CLASS TIMES: 9:00AM – 12:00PM & 1:00PM – 4:00PM

FASTFORWARD HYBRID NURSE AIDE EDUCATION PROGRAM

Centra College and Central Virginia Community College collaboratively offer a 6-week Nurse Aide Education Program at the Main Campus site in Lynchburg, Virginia, and branch location at Bedford Memorial Hospital (BMH). Clinical experiences are provided in both acute care and long-term care facilities. Completion of the program qualifies a student to take the national Nurse Aide Assessment Program (NNAAP) Examination by Credentia. Successful completion of this examination leads to licensure as a Certified Nurse Aide (CNA) in the state of Virginia. Licensure is required for employment as a certified nurse aide. The Nurse Aide Education Program is approved by the Virginia Board of Nursing.

Nurse Aide Education Program participants will obtain licensure as a Certified Nurse Aide through completion of the NNAAP exam, will work within the scope of practices for a Nurse Aide in the state of Virginia within hospitals, long term care, facilities, or home settings, and will be able to accurately report changes in condition and responses to care plans to staff.

COST: $3,450 *Course materials and exam fees are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $1,150   WCG/G3: $0   WCG/Tobacco: $575

Financial aid options available to reduce costs from $1,150 to $0.

COURSE OPTIONS:

SUMMER 2023 WEEK COURSE – DAY CLASSES OR EVENING CLASSES BASED ON STUDENT INTEREST

LOCATION: Instructional Classes In-Person Skill Days held at Centra College, 905 Lakeside Dr., Ste. A, Lynchburg, VA 24501; and In-Person Clinical Rotations (To Be Scheduled)

CLASS DATES: May 22, 2023 – June 23, 2023
CLASS DAYS: Monday – Friday
APPLICATION DEADLINE: April 7, 2023
PAYMENT/FUNDING DEADLINE: April 14, 2023
REQUIRED ORIENTATION: April 21, 2023

SUMMER 2023 WEEK COURSE – DAY OR EVENING CLASSES BASED ON STUDENT INTEREST

LOCATION: Instructional Classes & In-Person Skill Days held at Centra Bedford Memorial Hospital, 1613 Oakwood St., Bedford, VA 24523; and In-Person Clinical Rotations (To Be Scheduled)

CLASS DATES: June 26, 2023- August 4, 2023
CLASS DAYS: Monday – Friday
APPLICATION DEADLINE: May 4, 2023
PAYMENT/FUNDING DEADLINE: May 12, 2023
REQUIRED ORIENTATION: May 19, 2023

FALL 2023 WEEK COURSE – DAY OR EVENING CLASSES BASED ON STUDENT INTEREST

LOCATION: Instructional Classes In-Person Skill Days held at Centra College, 905 Lakeside Dr., Ste. A, Lynchburg, VA 24501; and In-Person Clinical Rotations (To Be Scheduled)

CLASS DATES: August 21, 2023 – October 2, 2023
CLASS DAYS: Monday – Friday
APPLICATION DEADLINE: July 10, 2023
PAYMENT/FUNDING DEADLINE: July 17, 2023
REQUIRED ORIENTATION: July 21, 2023

FALL 2023 WEEK COURSE – DAY OR EVENING CLASSES BASED ON STUDENT INTEREST

LOCATION: Instructional Classes & In-Person Skill Days held at Centra Bedford Memorial Hospital, 1613 Oakwood St., Bedford, VA 24523; and In-Person Clinical Rotations (To Be Scheduled)
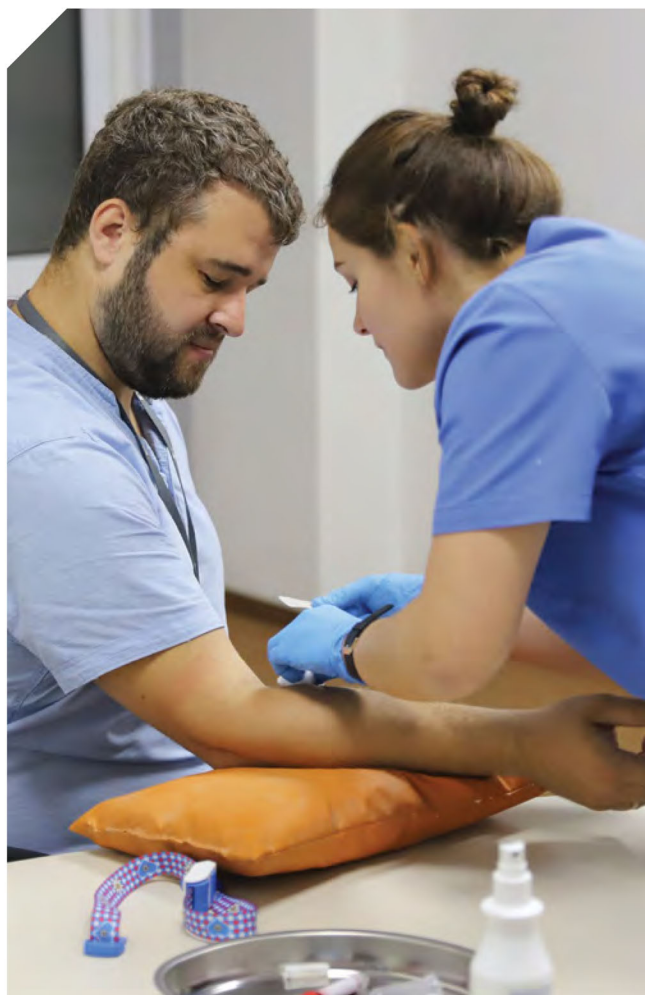
CLASS DATES: October 18, 2023 – December 1, 2023
CLASS DAYS: Monday – Friday
APPLICATION DEADLINE: September 1, 2023
PAYMENT/FUNDING DEADLINE: September 12, 2023
REQUIRED ORIENTATION: September 18, 2023

EMS CAREER PATHWAYS

Develop your skills as a first responder and become an EMT, Advanced EMT, or Paramedic. Three Pathways... One Community!

FASTFORWARD HYBRID EMERGENCY MEDICAL TECHNICIAN PROGRAM (EMT)

The course is designed to produce competent entry-level EMT's who can service the community with basic life support care via the EMS infrastructure. Students learn to assess injuries and illnesses and administer basic emergency medical care. Students learn best practices in transporting injured or sick persons to medical facilities. Basic Life Support (BLS) training is included in the course. This class will be a mix of classroom hours and online work. Employment opportunities are available for Ambulance, Fire and Rescue services, Hospitals, Government Departments, Industrial, and Humanitarian relief organizations. Students will demonstrate the skills necessary to achieve the State and National Registry EMT certification.

LOCATION: CVCC Main Campus, Amherst Building, Room 2505

COST: $1,800 *Course materials and exam fees are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $600   WCG/G3: $0   WCG/Tobacco: $300

Financial aid options available to reduce costs from $600 to $0.

COURSE OPTION:

SPRING 2024 EVENING COURSE

CLASS DATES: January 9, 2024 – May 2, 2024
CLASS DAYS: Lecture/Lab – Tuesday & Thursday
CLASS TIMES: 6:00PM –10:00PM
REGISTRATION DEADLINE: December 19, 2023

FASTFORWARD HYBRID ADVANCED EMERGENCY MEDICAL TECHNICIAN PROGRAM (AEMT)

The primary focus of the Advanced Emergency Medical Technician (AEMT) course is to provide basic and limited advanced emergency medical care and transportation for critical and emergent patients who access the emergency medical system. The individual possesses the basic knowledge and skills necessary to provide patient care and transportation. AEMT's function as part of comprehensive EMS response, under medical oversight. AEMT's perform interventions with the basic and advanced equipment typically found in an ambulance.

LOCATION: CVCC Main Campus, Amherst Building, Room 2505

COST: $3,201.00 *Course materials and exam fees are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $1,067.00   WCG/G3: $0   WCG/Tobacco: $533.50

Financial aid options available to reduce costs from $1067 to $0.

COURSE OPTION:

FALL 2023 DAY COURSE

CLASS DATES: August 24, 2023 – December 7, 2023
CLASS DAYS: Thursday and some Saturdays
CLASS TIMES: 8:00AM – 5:00PM
APPLICATION DEADLINE: August 1, 2023

MANUFACTURING, TRADES AND TRANSPORTATION FASTFORWARD PROGRAMS

FASTFORWARD HYBRID NCCER CORE: INTRODUCTION TO BASIC CONSTRUCTION SKILLS

This course serves as the foundational prerequisite for all other NCCER crafts. NCCER Core is designed as a rigorous, competency-based, industry-recognized program for career and technical education and provides individuals with basic safety and other necessary knowledge and skills to perform in an introductory capacity on project sites. This course is the ideal resource for exploring a career in construction.

The Core curriculum has nine modules:

basic safety • construction math • introduction to hand power tools • construction drawings • introduction to basic rigging • basic communication • employability skills • material handling

*** Students should have basic computer skills, basic math skills and be able to use a calculator to complete NCCER module testing and completion of homework assignments in CANVAS. ***

LOCATION: CVCC Main Campus, Framatome building, First floor, Room 6119

COST: $1,098 *Course materials and module fees (two attempts per module) are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $366 WCG/G3: $0 WCG/TOBACCO: $183

Financial aid options available to reduce costs from $366 to $0.

COURSE OPTIONS:

FALL 2023 EVENING COURSE

CLASS DATES: August 22, 2023 – December 19, 2023
CLASS DAYS: Tuesday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: July 31, 2023

SPRING 2024 EVENING COURSE

CLASS DATES: January 18, 2024 – May 9, 2024
CLASS DAYS: Thursday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: January 4, 2024

FASTFORWARD HYBRID NCCER ELECTRICAL 1

This course is the first in the series of four Electrical classes. Students must be certified in NCCER Core or be co-enrolled in the NCCER Core class. Electricians install electrical systems in structures: they install wiring and other electrical components, such as circuit breaker panels, switches, and light fixtures, and they follow blueprints, the National Electrical Code ®and state and local codes.

The Electrical Level 1 course has 12 modules:

the electrical industry • safety for electricians • introduction to electrical circuits • electrical theory • introduction to the National Electrical Code® device boxes • hand bending • wireways • raceways and fittings • conductors and cables • basic electrical construction documents • residential wiring • electrical test equipment

***Students should have basic computer skills, basic math skills and be able to use a calculator to complete NCCER module testing and completion of homework assignments in CANVAS. ***

LOCATION: CVCC Main Campus, Framatome building, First floor, Room 6119

COST: $1,401* Course materials and module fees (two attempts per module) are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $467   WCG/G3: $0   WCG/TOBACCO: $233.50

Financial aid options available to reduce costs from $467 to $0.

COURSE OPTIONS:

FALL 2023 EVENING COURSE

CLASS DATES: August 24, 2023 – December 14, 2023
CLASS DAYS: Thursday
CLASS TIMES: 5:30 PM – 9:30 PM
ENROLLMENT DEADLINE: July 31, 2023

SPRING 2024 EVENING COURSE

CLASS DATES: January 16, 2024 – May 7, 2024
CLASS DAYS: Tuesday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: December 2, 2023

FASTFORWARD HYBRID NCCER ELECTRICAL 2

This course is the second in the series of four Electrical classes. Students must be certified in NCCER Core and Electrical 1 before enrollment in this course. Electricians install electrical systems in structures: they install wiring and other electrical components, such as circuit breaker panels, switches, and light fixtures, and they follow blueprints, the National Electrical Code® and state and local codes.

The Electrical Level 2 course has 11 modules:

alternating current • motors: theory and application • electric lighting • conduit bending • pull and junction boxes • conductor installations • cable tray • conductor terminations and splices • grounding and bonding • circuit breakers and fuses • control systems and fundamental concepts

** Students should have basic computer skills, basic math skills and be able to use a calculator to complete NCCER module testing and completion of homework assignments in CANVAS.**

LOCATION: CVCC Main Campus, Framatome building. First floor, Room 6119

COST: $1,602 * Course materials and module fees (two attempts per module) are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $534 WCG/G3: $0 WCG/TOBACCO: $267

*Financial aid options available to reduce costs from $534 to $0.

COURSE OPTIONS:

FALL 2023 EVENING COURSE

CLASS DATES: August 23, 2023 – December 13, 2023
CLASS DAYS: Wednesday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: August 9, 2023

SPRING 2024 COURSE

CLASS DATES: January 18, 2024 – May 9, 2024
CLASS DAYS: Thursday
CLASS TIMES: 5:30PM–9:30PM
ENROLLMENT DEADLINE: January 4, 2024

FASTFORWARD HYBRID NCCER ELECTRICAL 3

This course is the third in the series of four Electrical classes. Students must be certified in NCCER Core, Electrical 1 and Electrical 2 before enrollment in this course. Electricians install electrical systems in structures: they install wiring and other electrical components, such as circuit breaker panels, switches, and light fixtures, and they follow blueprints, the National Electrical Code® and state and local codes.

The Electrical 3 course has 11 modules:

load calculations-branch and feeder circuits • conductor selection and calculations • practical applications of lighting • hazardous locations • overcurrent protection • distribution equipment • transformers • commercial electrical services • motor calculations • voice, data and video • motor controls

**Students should have basic computer skills, basic math skills and be able to use a calculator to complete NCCER module testing and completion of homework assignments in CANVAS. **

LOCATION: CVCC Main Campus, Framatome building, first floor, Room 6119

COST: $1,602 * Course materials and module fees (two attempts per module) are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $534 WCG/G3: $0 WCG/TOBACCO: $267

*Financial aid options available to reduce costs from $534 to $0.

COURSE OPTIONS:

FALL 2023 EVENING COURSE

CLASS DATES: August 21, 2023– December 18, 2023
CLASS DAYS: Monday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: August 7, 2023

SPRING 2024 EVENING COURSE

CLASS DATES: January 17, 2024 – May 8, 2024
CLASS DAYS: Wednesday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: December 3, 2023

FASTFORWARD HYBRID NCCER ELECTRICAL 4

This course is the last in the series of four Electrical classes. Students must be certified in NCCER Core, Electrical 1, 2 and 3 before enrollment in this course. Electricians install electrical systems in structures: they install wiring and other electrical components, such as circuit breaker panels, switches, and light fixtures, and they follow blueprints, the National Electrical Code® and state and local codes.

The Electrical Level 4 course has 13 modules:

load calculations- feeders and services • health care facilities • standby and emergency systems • basic electronic theory • fire alarm systems • specialty transformers • advanced controls • HVAC controls • heat tracing and freeze protection • motor operation and maintenance • medium-voltage termination/splices • special locations • fundamentals of crew leadership

*** Students should have basic computer skills, basic math skills and be able to use a calculator to complete NCCER module testing and completion of homework assignments in CANVAS. ***

LOCATION: CVCC Main Campus, Framatome building First floor, Room 6119

COST: $1,602 * Course materials and module fees (two attempts per module) are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $534 WCG/G3: $0 WCG/TOBACCO: $267

Financial aid options available to reduce costs from $534 to $0.

COURSE OPTION:

SPRING 2024 EVENING COURSE

CLASS DATES: January 22, 2024 – May 13, 2024
CLASS DAYS: Monday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: January 8, 2024

FASTFORWARD HYBRID NCCER HVAC TECHNOLOGY LEVEL 1

This course is the first in the series of four HVAC classes. Students must be certified in NCCER Core or be co-enrolled in the NCCER Core class. The increasing development of HVAC (heating and air-conditioning systems) technology causes employees to recognize the importance of continuous education and keeping up to speed with the latest equipment and skills. NCCER's programs have been designed by highly qualified subject matter experts with this in mind. The four level, North American Technician Excellence (NATE) recognized, present theoretical and practical skills essential to your success as an HVAC installer or technician.

The HVAC Level 1 course has nine modules:

introduction to HVAC • trade mathematics • basic electricity • introduction to heating • cooling and air distribution systems • basic copper • plastic piping practices • soldering and brazing • basic carbon steel piping practices

*** Students should have basic computer skills, basic math skills and be able to use a calculator to complete NCCER module testing and completion of homework assignments in CANVAS. ***

LOCATION: CVCC Main Campus, Framatome building, First floor, Room 6119

COST: $1,698 * Course materials and module fees (two attempts per module) are included in tuition.
Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $566 WCG/G3: $0 WCG/TOBACCO: $283

Financial aid options available to reduce costs from $566 to $0.

COURSE OPTIONS:

FALL 2023 EVENING COURSE

CLASS DATES: August 21, 2023 – December 18, 2023
CLASS DAYS: Monday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: August 7, 2023

SPRING 2024 EVENING COURSE

CLASS DATES: January 16, 2024 – May 7, 2024
CLASS DAYS: Tuesday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: December 20, 2023

FASTFORWARD HYBRID NCCER HVAC TECHNOLOGY LEVEL 2

This course is the second in the series of four HVAC classes. Students must be certified in NCCER Core and HVAC Level 1 before enrollment in this course. The increasing development of HVAC (heating and air-conditioning systems) technology causes employees to recognize the importance of continuous education and keeping up to speed with the latest equipment and skills. NCCER's programs have been designed by highly qualified subject matter experts with this in mind. The four level, North American Technician Excellence (NATE) recognized, present theoretical and practical skills essential to your success as an HVAC installer or technician.

The HVAC Level 2 course has 13 modules:

alternating current • compressors • refrigerants and oils leak detection evacuation recovery • charging • metering devices • heat pumps • basic maintenance • chimney vents and flues • sheet metal duct systems • fiberglass and fabric duct systems • commercial airside systems • air quality equipment • introduction to hydronic systems

*** Students should have basic computer skills, basic math skills and be able to use a calculator to complete NCCER module testing and completion of homework assignments in CANVAS. ***

LOCATION: CVCC Main Campus, Framatome building, First floor, Room 6119

COST: $2,250 * Course materials and module fees (two attempts per module) are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $750 WCG/G3: $0 WCG/TOBACCO: $375

Financial aid options available to reduce costs from $750 to $0.

COURSE OPTIONS:

FALL 2023 EVENING COURSE

CLASS DATES: August 24, 2023 – December 14, 2023
CLASS DAYS: Thursday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: July 31, 2023

SPRING 2024 EVENING COURSE

CLASS DATES: January 22, 2024 – May 13, 2024
CLASS DAYS: Monday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: January 8, 2024

FASTFORWARD HYBRID NCCER HVAC TECHNOLOGY LEVEL 3

This course is the third in the series of four HVAC classes. Students must be certified in NCCER Core and HVAC Level 1 and 2 before enrollment in this course. The increasing development of HVAC (heating and air-conditioning systems) technology causes employees to recognize the importance of continuous education and keeping up to speed with the latest equipment and skills. NCCER's programs have been designed by highly qualified subject matter experts with this in mind. The four level, North American Technician Excellence (NATE) recognized, present theoretical and practical skills essential to your success as an HVAC installer or technician.

The HVAC Level 3 course modules include:

fasteners • hardware • wiring terminations • control circuit and motor troubleshooting • troubleshooting cooling • troubleshooting heat pumps • troubleshooting gas heating • troubleshooting oil heating • troubleshooting accessories • zoning • ductless • variable refrigerant flow systems • commercial hydronic systems • steam systems • retail refrigeration system • customer relations

*** Students should have basic computer skills, basic math skills and be able to use a calculator to complete NCCER module testing and completion of homework assignments in CANVAS. ***

LOCATION: CVCC Main Campus, Framatome building, First floor, Room 6119

COST: $2,250 * Course materials and module fees (two attempts per module) are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $750 WCG/G3: $0 WCG/TOBACCO: $375

Financial aid options available to reduce costs from $750 to $0.

COURSE OPTIONS:

FALL 2023 EVENING COURSE

CLASS DATES: August 23, 2023 – December 13, 2023
CLASS DAYS: Wednesday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: August 9, 2023

SPRING 2024 EVENING COURSE

CLASS DATES: January 18, 2024 – May 9, 2024
CLASS DAYS: Thursday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: December 22, 2023

FASTFORWARD HYBRID NCCER HVAC TECHNOLOGY LEVEL 4

This course is the last in the series of four HVAC classes. Students must be certified in NCCER Core and HVAC 1, 2 and 3 before enrollment in this course. The increasing development of HVAC (heating and air-conditioning systems) technology causes employees to recognize the importance of continuous education and keeping up to speed with the latest equipment and skills. NCCER's programs have been designed by highly qualified subject matter experts with this in mind. The four levels, North American Technician Excellence (NATE) recognized, present theoretical and practical skills essential to your success as an HVAC installer or technician.

The HVAC Level 4 course has 11 modules:

water treatment • indoor air quality • energy conservation equipment • building management systems • system air balancing • system startup and shutdown • construction drawing and specifications • heating and cooling system design • commercial-industrial refrigeration systems • alternative and specialized heating and cooling system • fundamentals of crew leadership

** Students should have basic computer skills, basic math skills and be able to use a calculator to complete NCCER module testing and completion of homework assignments in CANVAS. **

LOCATION: CVCC Main Campus, Framatome building, First floor, Room 6119

COST: $2,250 * Course materials and module fees (two attempts per module) are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $750 WCG/G3: $0 WCG/TOBACCO: $375

*Financial aid options available to reduce costs from $750 to $0.

COURSE OPTIONS:

SPRING 2024 EVENING COURSE

CLASS DATES: January 17, 2024 – May 8, 2024
CLASS DAYS: Wednesday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: December 3, 2023

FASTFORWARD HYBRID NCCER PLUMBING LEVEL 1

This course is the first in a series of four plumbing classes. Students must be certified in NCCER Core or be co-enrolled in the NCCER Core class. Most people are familiar with plumbers who come to their home to unclog a drain or install an appliance. In addition to these activities, however, plumbers install, maintain, and repair many distinct types of pipe systems. For example, some systems move water to a municipal water treatment plant and then to residential, commercial, and public buildings. Other systems dispose of waste, provide gas to stoves and furnaces, or supply air conditioning. Pipe systems in power plants carry the steam that powers huge turbines. Pipes also are used in manufacturing plants, such as wineries, to move material through production processes.

The Plumbing Level 1 course modules include:

introduction to the plumbing profession • plumbing safety • tools of the plumbing trade • introduction to plumbing math • introduction to plumbing drawings • plastic pipe and fittings • copper tube and fittings • cast iron pipe and fittings • steel pipe and fittings • introduction to plumbing fixtures • introduction to drain • waste • vent (DWV) systems • introduction to water distribution systems

** Students should have basic computer skills, basic math skills and be able to use a calculator to complete NCCER module testing and completion of homework assignments in CANVAS. **

LOCATION: CVCC Main Campus, Framatome building, First floor

COST: $1,500 * Course materials and module fees (two attempts per module) are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $500 WCG/G3: $0 WCG/TOBACCO: $250

*Financial aid options available to reduce costs from $500 to $0.

COURSE OPTIONS:

FALL 2023 EVENING COURSE

CLASS DATES: August 23, 2023 – December 20, 2023
CLASS DAYS: Wednesday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: August 9, 2023

SPRING 2024 EVENING COURSE

CLASS DATES: January 17, 2024 – May 8, 2024
CLASS DAYS: Wednesday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: January 3, 2024

FASTFORWARD HYBRID NCCER PLUMBING LEVEL 2

This course is the second in the series of four plumbing classes. Students must be certified in NCCER Core and Plumbing 1 before enrollment in this course. Most people are familiar with plumbers who come to their home to unclog a drain or install an appliance. In addition to these activities, however, plumbers install, maintain, and repair many different types of pipe systems. For example, some systems move water to a municipal water treatment plant and then to residential, commercial, and public buildings. Other systems dispose of waste, provide gas to stoves and furnaces, or supply air conditioning. Pipe systems in power plants carry the steam that powers huge turbines. Pipes also are used in manufacturing plants, such as wineries, to move material through production processes.

The Plumbing Level 2 course has 11 modules:

plumbing math two • reading commercial drawings, structural penetrations, insulation • fire-stopping, installing, and testing DWV piping • installing roof, floor, and area drains • installing and testing water supply piping • types of valves • installing fixtures and valves • installing water heaters • basic electricity • fuel gas • fuel oil systems

*** Students should have basic computer skills, basic math skills and be able to use a calculator to complete NCCER module testing and completion of homework assignments in CANVAS. ***

LOCATION: CVCC Main Campus, Framatome building, First floor

COST: $1,800 * Course materials and module fees (two attempts per module) are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $600 WCG/G3: $0 WCG/TOBACCO: $300

Financial aid options available to reduce costs from $600 to $0.

COURSE OPTION:

SPRING 2024 EVENING COURSE

CLASS DATES: January 22, 2024 – May 13, 2024
CLASS DAYS: Monday
CLASS TIMES: 5:30PM – 9:30PM
ENROLLMENT DEADLINE: January 8, 2024

FASTFORWARD HYBRID NCCER HEAVY EQUIPMENT OPERATOR LEVEL 1

Students receive hands-on training using simulators, which replicate real-life operating scenarios through rotation-motion platforms and high-resolution 3D displays for excavator and wheel loader equipment. Upon successful completion of the course, students are eligible to sit for the Heavy Equipment Operator – Level 1 credential exam offered by the National Center for Construction Education & Research (NCCER).

PREREQUISITE: Successful completion of NCCER Core or students must be co-enrolled.

LOCATION: CVCC Main Campus, Campbell Hall
COST: $3,300.00 * Course materials and module fees (two attempts per module) are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $1,100 WCG/G3: $0 WCG/TOBACCO: $550

Financial aid options available to reduce costs from $1,100.00 to $0.

FASTFORWARD HYBRID NCCER HEAVY EQUIPMENT OPERATOR LEVEL 2

Students will learn proper skills with simulators. Upon successful completion of this course, students are eligible to sit for the Heavy Equipment Operator – Level 2 credential exam offered by the National Center for Construction Education & Research (NCCER).

PREREQUISITE: Successful completion of NCCER Core and Heavy Equipment Operator - Level 1.

LOCATION: CVCC Main Campus, Campbell Hall
COST: $3,300.00 * Course materials and module fees (two attempts per module) are included in tuition.

Reduced Course Cost (based on funding eligibility). Financial Aid Options Include:

WCG: $1,100.00 WCG/G3: $0 WCG/TOBACCO: $550.00

Financial aid options available to reduce costs from $1,100.00 to $0.

FASTFORWARD HYBRID NCCER HEAVY EQUIPMENT OPERATOR LEVEL 3

This class serves as the third level of training in the Heavy Equipment Operator program and allows students to expand their knowledge and advance their career opportunities. Topics include: Basic project planning and scheduling techniques, coordination and communication, project setup and procurement, dozers, backhoes, excavators, motor graders, advanced operations, finishing and grading, and soils. Upon successful completion of this course, students are eligible to sit for the Heavy Equipment Operator – Level 3 credential exam offered by National Center for Construction Education & Research (NCCER).

PREREQUISITE: Successful completion of NCCER Core and Heavy Equipment Operator Levels 1 & 2.

FASTFORWARD COMMERCIAL TRUCK DRIVING (CLASS A)

CVCC Workforce Solutions offers Entry Level Driver Training to obtain a Commercial Driver's License. Training is tailored to meet the new FMCSA regulation requiring all entry-level CDL (Commercial Driver's License) drivers, or existing Class B drivers looking to upgrade to a Class A, complete a specific program by a school on the Training Provider Registry. Students will participate in classroom, range, and On-The-Road Training. Classroom training will cover topics such as basic control, safe operating procedures, distracted driving, hazard perception, vehicle systems and much more. Range training consists of Pre-Trip Inspection, Straight Line Backing, Off-Set Backing, and Parallel Parking, all of which are required to pass the DMV skills test. On-The-Road training covers speed and space management, and many other control topics. Our program uses automatic transmission trucks. Upon satisfactory completion of the required curriculum and a demonstration of the skill set needed to pass the DMV exam, the DMV skills test will be scheduled. Once students pass the skills test and their CDL is issued, they will receive a Certificate of Completion from ANCORA. During training, multiple recruiters will hold recruiting sessions to discuss career opportunities.

CERTIFICATION: Upon successful completion of this program, students test at a DMV testing facility to obtain their state CDL license issued by the Virginia Department of Motor Vehicles. The CDL program will schedule and provide the vehicle for the skills exam.

LOCATION: CVCC Main Campus, Merritt Hall, Room 5141 and CDL Parking Lot 3

COST: $4,500
REDUCED COURSE COST *(based on funding eligibility).*
FINANCIAL AID OPTIONS INCLUDE:
WCG: $1,500 WCG/FANTIC: $0 WCG/TOBACCO: $750
Financial aid options available to reduce costs from $1500 to $0.

COURSE OPTIONS:
WEEKDAY CLASS DATES:
May 1 – May 25, 2023
May 30 – June 22, 2023
June 26 – July 20, 2023
July 24 – August 17, 2023
August 21 – September 14, 2023
September 18 – October 12, 2023
October 16 – November 10, 2023
November 13 – December 7, 2023
December 11, 2023 – January 11, 2024

CLASS DAYS: Monday – Thursday for four consecutive weeks.

CLASS TIMES: 7:00AM – 5:30PM

WEEKEND CLASS DATES:
April 29 – June 18, 2023
June 24 – August 13, 2023
August 19 – October 8, 2023
October 14 – December 3, 2023
December 9, 2023 – February 11, 2024

CLASS DAYS: Saturday & Sunday for eight consecutive weekends.

CLASS TIMES: 7:00AM – 5:30PM

TRADESMAN PROFESSIONAL DEVELOPMENT

TRADESMAN UPDATE

The Virginia Board of Contractors requires journeymen, expert plumbers, electricians, HVAC mechanics, and gas fitters to take continuing education hours specific to their trade as part of the licensing process.

Those renewing a license must take continuing education in their respective profession.

Plumbers, HVAC technicians and electricians must take three hours of continuing education in their field.

Gas Fitters must take one hour; this one-hour training course for gas fitters is intended for journeyman and expert gas fitters, liquefied petroleum gas fitters and natural gas fitters.

This course covers new definitions, code changes, general requirements, impacts on the job, widespread use and special equipment included in the respective codes.

INSTRUCTOR: TBD Instructor

LOCATION: Online at https://cvcc.augusoft.net/
COST: $45 Electrical, HVAC and Plumbing
             $25 Gas Fitter (each)

CLASS DATES: Online 24/7

PROFESSIONAL DEVELOPMENT PROGRAMS

INTERMEDIATE PLC PROGRAMMING

Have a basic grasp of Programmable Logic Controllers (PLCs) and want to further develop your software skillset? Want to learn ways to write repetitive code faster, or make your logic easier to troubleshoot? Intermediate PLC programming provides hands-on exercises in Rockwell Software Studio5000 and CompactLogix/ControlLogix processors to teach:

- Arrays and Indirect Addressing
- Global and Local Tags/ Parameter Passing
- User-Defined Data Types (UDTs)
- Add-On Instructions (AOIs)
- Easily Scaling Analog Data
- Program an Indexing Conveyor with an Ethernet VFD
- Fanuc Robot Interfacing
- More...

Prerequisites ETR-150 or equivalent. Students should be familiar with project upload/download/online editing, as well as basic instructions (XIC, XIO, OTE, MOV), and common Data Types (BOOL, DINT, TIMER).

INSTRUCTOR: W. Daniel Murphy (Mechatronics, Automation & Robotics)

LOCATION: CVCC Main Campus, Framatome Building, Room 6204

COST: $275

COURSE OPTION: Summer 2023 Course
(8 Sessions/ 28 Class Hours/ 2.8 CEU's)

CLASS DATES: May 25 – July 13, 2023
CLASS DAYS: Thursdays
CLASS TIMES: 5:00PM – 8:30PM
REGISTRATION DEADLINE: Thursday, May 18, 2023

Maximum 10 students.

OPEN ENROLLMENT

MACHINE TOOL TRAINING

Machine Tool Training is designed for the student who desires to become a highly skilled operator of machines and tools used in the manufacturing industry. Program pathways (G3 eligible) include:

- Machine Tool Diploma
- Machine Technology Career Studies Certificate
- Machine Shop Certificate
- Computer Numerical Control Career Studies Certificate
- Machine Technology Fundamentals Career Studies Certificate

To learn more, visit www.centralvirginia.edu or contact Counseling at 434-832-7800.

SUMMER & FALL 2023 COURSE OPTIONS:
MAC 121 NUMERICAL CONTROL I (CREDITS: 3)

Focuses on numerical control techniques in metal forming and machine processes. Includes theory and practice in lathe and milling machine computer numerical control program writing, setup, and operation. Part I of II.

LECTURE HOURS PER WEEK: Lecture 2 hours.
LAB HOURS PER WEEK: Laboratory 3 hours.
TOTAL HOURS PER WEEK: Total 5 hours per week.

FALL 2023 COURSE OPTIONS:
MAC 122 - NUMERICAL CONTROL II (CREDITS: 3)

Focuses on numerical control techniques in metal forming and machine processes. Includes theory and practice in lathe and milling machine computer numerical control program writing, setup, and operation. Part II of II.

LECTURE HOURS PER WEEK: Lecture 2 hours.
LAB HOURS PER WEEK: Laboratory 3 hours.
TOTAL HOURS PER WEEK: Total 5 hours per week.

MAC 161 - MACHINE SHOP PRACTICES I (CREDITS: 3)

Introduces safety procedures, bench work, hand tools, precision measuring instruments, drill presses, cut-off saws, engine lathes, manual surface grinders, and milling machines. Part I of II.

LECTURE HOURS PER WEEK: Lecture 2 hours.
LAB HOURS PER WEEK: Laboratory 3 hours.
TOTAL HOURS PER WEEK: Total 5 hours per week

MAC 162 - MACHINE SHOP PRACTICES II (CREDITS: 3)

Introduces safety procedures, bench work, hand tools, precision measuring instruments, drill presses, cut-off saws, engine lathes, manual surface grinders, and milling machines. Part II of II.

LECTURE HOURS PER WEEK: Lecture 2 hours.
LAB HOURS PER WEEK: Laboratory 3 hours.
TOTAL HOURS PER WEEK: Total 5 hours per week

SPRING 2024 COURSE OPTIONS:
MAC 123 - COMPUTER NUMERICAL CONTROL III (CREDITS: 3)

Focuses on numerical control techniques in metal forming and machine processes. Includes theory and practice in lathe and milling machine computer numerical control program writing, setup, and operation.

LECTURE HOURS PER WEEK: Lecture 2 hours.
LAB HOURS PER WEEK: Laboratory 3 hours.
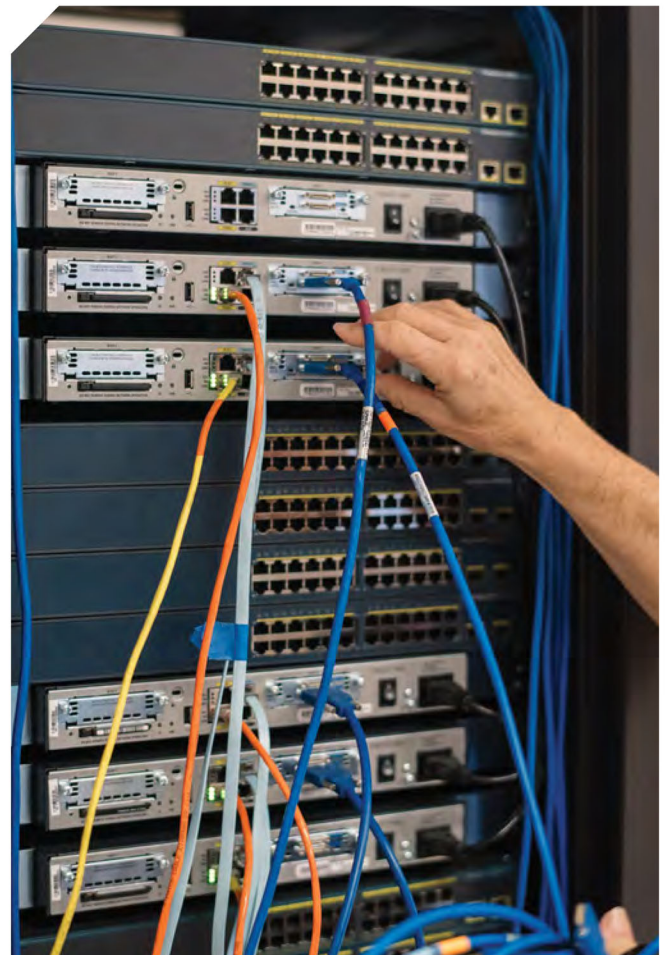**TOTAL HOURS PER WEEK:** Total 5 hours per week.

SUMMER 2023 DRIVER EDUCATION ENDORSEMENT COURSES (6 CREDITS)

Students may take the following sequence of courses and become endorsed to teach driver education in secondary schools. Both courses are required for the driver education endorsement. Attendance at all sessions is required.

To learn more, visit www.centralvirginia.edu or contact Counseling at 434-832-7800.

EDU 114 - DRIVER TASK ANALYSIS
(CREDITS: 3)

Introduces the "driver task" as related to the highway transportation system and factors that influences performance ability. Prepares students so they may be eligible to take certification exams for driving school instructors in both public and private schools. Students must complete driver education workbook requiring approximately 30 hours.

CLASS DATES/TIMES: Monday – Friday:
June 5-17, 2023 (8AM –12PM)

LOCATION: Main Campus: 5216

EDU 214 - INSTRUCTIONAL PRINCIPLES OF DRIVER EDUCATION (CREDITS: 3)

Analyzes rules and regulations that govern the conduct of Driver Education programs with special emphasis on organization and administration. Includes uses in the classroom, driving range and on the street. Prepares students so they may be eligible to take the state certification exam in driver education

PREREQUISITE: EDU 114.
CLASS DATES/TIMES: Monday – Friday:
July 10 – 14, 2023: 8:00AM – 5:00PM
LOCATION: Main Campus: 5216 and Main Campus: Lot2

BUSINESS & TECHNOLOGY TRAINING

PROJECT MANAGEMENT SURVIVAL TRAINING

Activities with a defined outcome in business and in life are projects and have the same phases: Planning; Mobilization; Execution; Demobilization and Reporting. Each project differs by the number of detailed steps applied driven by its complexity. Not all projects are created equally! Our goal is to communicate with the student the Project Management process (phase development), language and readily available "free references" (ref. Real Life, Department of Energy, Department of Defense, Project Management Institute, International Council of Systems Engineers etc.) used in project design and management. We explore how to develop and apply the tools (communicate, communicate communicate) necessary to survive and excel at your projects. NO Plan is a Plan to Fail.

INSTRUCTOR: Charles "Chuck" Pietsch, MBA, MA, Project Manager & Business Leader

LOCATION: CVCC Main Campus, Merritt Building
COST: $449.00 per person ($399.00 per person *two or more individuals from the same business or organization) *Course materials and exam fees are included in tuition.
COURSE OPTIONS:

Fall 2023 & Spring 2024 Courses (8 Sessions/16 Class Hours)

CLASS DATES:
FALL 2023: September 11, 18, 25; October 2, 9, 23, 30; & November 6, 2023

SPRING 2024: February 5, 12, 19, 26; March 4, 11, 18 & 25, 2024

CLASS DAYS: Monday
CLASS TIMES: 5:30PM – 7:30PM

*SHRM Professional Development Credits Available Upon Request.

Central Virginia Community College is recognized by SHRM to offer Professional Development Credits (PDCs) for the SHRM-CP® or SHRM-SCP® recertification activities.

MICROSOFT BEGINNER EXCEL TRAINING FOR PROFESSIONALS

This two-part beginner Excel class is designed for participants to gain the skills to get started with MS Office Excel, organize, perform calculations, modify and format a worksheet, revise, update, present data, and print and manage workbooks.

INSTRUCTOR: Evan Abatecola, MBA, Information Technology Specialist

LOCATION: CVCC Main Campus, Merritt Hall, Room 5137 (Computer Lab)

COST: $149 *includes tuition, textbook, and materials
COURSE OPTIONS:

Fall 2023 & Spring 2024 Courses
(2 Sessions/6 Class Hours)

CLASS DATES:

Fall 2023: Friday, September 8, 2023, or

Spring 2024: Friday, February 9, 2024

CLASS TIMES: 9:00AM – 12:00PM and 1:00PM – 4:00PM

MICROSOFT INTERMEDIATE EXCEL TRAINING FOR PROFESSIONALS

This two-part intermediate Excel class is designed for participants to gain the skills necessary to use functions, analyze worksheet data, utilize data tools, create charts and sparklines, employ data validation, create pivot tables, apply workbook security, and customize the Excel interface.

Microsoft Excel 2019 version.

INSTRUCTOR: Evan Abatecola, MBA, Information Technology Specialist

LOCATION: CVCC Main Campus, Merritt Hall, Room 5137 (Computer Lab)

COST: $149 *includes tuition, textbook, and materials
COURSE OPTIONS:

Fall 2023 & Spring 2024 Course (2 Sessions/6 Class Hours)

CLASS DATES:
FALL 2023: Fridays, November 3 & 10, 2023
SPRING 2024: Fridays, April 5 & 12, 2024
CLASS TIMES: 9:00AM – 12:00PM
COST: $149 *includes tuition, textbook, and materials

BEST PRACTICES IN CREATING PRESENTATIONS USING MS POWERPOINT

In this course you will learn how to create a multimedia presentation using the basic features of Microsoft PowerPoint. You will see examples of effective presentations and learn how to produce a presentation that utilizes text, images, video, and sound. You will also learn tips and techniques used by professionals to make presentations clear, concise, and engaging for your audience. The 3-hour class is a condensed version covering best practices.

INSTRUCTOR: Evan Abatecola, MBA, Information Technology Specialist

LOCATION: CVCC Main Campus, Merritt Hall, Room 5137 (Computer Lab)

CLASS DATE: Friday, June 9, 2023
CLASS TIME: 9:00AM – 12:00PM
COST: $49

ELECTRICAL SAFETY MANAGEMENT

This course will provide comprehensive electrical safety management strategies for the safety professional. The course will cover the following electrical standards: NEC (National Electric Code NFPA 70), NESC (National Electric Safety Code), NFPA, 70E, IEEE 1584, and all OSHA industry and construction-related subparts. The focus will be on electrical hazards and methods of risk assessment and mitigation to reduce the effects of such hazards.

INSTRUCTOR: Robert Drane, OSHA Electrical Master Trainer

LOCATION: CVCC Main Campus, Merritt Building
COST: $399.00 ($349.00 per person *two or more individuals from the same business or organization) *Course materials and exam fees are included in tuition.

SPRING 2023 COURSE (4 SESSIONS/8 CLASS HOURS)

CLASS DATES: March 19, 26 & April 2, 9, 2024
CLASS DAYS: Tuesdays
CLASS TIME: 6:00PM – 8:00PM

TOP SKILL ENHANCEMENT & BOOSTER WORKSHOPS (SKILLS BOOST SERIES)

Participants attending three or more skills boost workshops are Invited to attend one workshop for free!

CULTURE AWARENESS & BUILDING

This interactive workshop will explore diverse cultures, deconstruct stereotypes, and deepen understanding about people's unique experiences and viewpoints. This training will increase cross-cultural awareness and improve relationships. By the end of the workshop, students will experience an increased awareness of differences and similarities in a business context, communication etiquette, and enhanced techniques in building lasting and sincere relationships with others.

INSTRUCTOR: Allison Lightner, MBA, Premier Banker & Business Owner

LOCATION: CVCC Main Campus, Merritt Hall
COST: $39 *includes tuition and materials
CLASS DATE: Thursday, July 20, 2023
CLASS TIMES: 9:00AM – 12:00PM

SHRM Professional Development Credits Available Upon Request.

Central Virginia Community College is recognized by SHRM to offer Professional Development Credits (PDCs) for the SHRM-CP® or SHRM-SCP® recertification activities.

ESSENTIAL PRACTICES OF CYBER HYGIENE

Learn safe practices in thinking proactively about your cyber security and resisting cyber threats and online security issues. Students will learn how to use the right tools, be thorough, and set a consistent routine. Instruction will include general practices and essential steps to keep you safe and secure online (reputable antivirus and malware-detection software, network firewalls, strong passwords, multi-factor authentication, device encryption, back up files, hard drive cleaning, and router security).

INSTRUCTOR: Taz Daughtrey
Cybersecurity Program Head at Central Virginia Community College and Founding President of the American Software Testing Qualifications Board.

LOCATION: CVCC Main Campus, Merritt Building
COST: $39
CLASS DATE: Thursday, August 10, 2023
TIME: 2:00PM – 4:30PM

BEYOND NETWORKING - INNOVATIVE APPROACHES TO BUILD CAREER-LONG RELATIONSHIPS (FALL 2023 LUNCH & LEARN)

In today's work-from-anywhere world, networking is table-stakes for your career. Turn your networking time into relationship-building time with strategies and tactics proven to work across industries, fields and professions.

INSTRUCTOR: David Cheatham
LOCATION: CVCC Main Campus, Merritt Building
COST: $25.00 *Lunch included.
CLASS DATE: Thursday, August 17, 2023
TIME: 12PM – 1:15PM (1:00PM – 1:15PM *15 minutes of networking)
REGISTRATION DEADLINE: August 14, 2023

*SHRM Professional Development Credits Available Upon Request.

Central Virginia Community College is recognized by SHRM to offer Professional Development Credits (PDCs) for the SHRM-CP® or SHRM-SCP® recertification activities.

CONFIDENT PUBLIC SPEAKING: HOW TO TURN ANXIETY INTO ACTION IN EVERYDAY SPEAKING SITUATIONS

Boost your confidence in effectively expressing yourself in everyday situations. Join us for an entertaining, fast-paced workshop which focuses on improving your skills to give remarks in venues such as team meetings and "elevator pitches."

Optional: Bring scenarios of your choice and take advantage of expert coaching to rehearse.

Co-sponsored by Lynchburg Toastmasters Club 562. For nearly 100 years, Toastmasters International has helped millions of people become more confident communicators, public speakers, and leaders.

INSTRUCTOR: David Cheatham
LOCATION: CVCC Main Campus, Merritt Building
COST: $39.00
CLASS DATE: Thursday, September 7, 2023
CLASS TIME: 9:00AM – 11:00AM

*SHRM Professional Development Credits Available Upon Request.

Central Virginia Community College is recognized by SHRM to offer Professional Development Credits (PDCs) for the SHRM-CP® or SHRM-SCP® recertification activities.

CONDUCTING EFFECTIVE MEETINGS

Understanding how to run effective meetings is a crucial skill for professionals in all industries and at all levels. Students will learn the fundamentals of parliamentary procedure for effective and fair decision making. The course will include step-by-step practices that combine efficiency and consideration of all those involved in achieving tangible results.

INSTRUCTOR: Taz Daughtrey, has served as parliamentarian for numerous civic, religious, and political groups and has chaired major national and international events.

LOCATION: CVCC Main Campus, Merritt Building
COST: $39
CLASS DATE: Thursday, November 9, 2023
CLASS TIME: 9:00AM – 11:30AM

*SHRM Professional Development Credits Available Upon Request.

Central Virginia Community College is recognized by SHRM to offer Professional Development Credits (PDCs) for the SHRM-CP® or SHRM-SCP® recertification activities.

CRYPTOCURRENCY BASICS

This workshop is for anyone interested in the technology and economics of cryptocurrencies. Students will explore the underlying blockchain technology as well as the promise and dangers of virtual money. The instructor will provide insights into various current and potential applications well beyond speculative investments.

INSTRUCTOR: Taz Daughtrey, Cybersecurity Program Head at Central Virginia Community College and Founding Editor of Software Quality Professional journal.

LOCATION: CVCC Main Campus, Merritt Hall, Room 5137 (Computer Lab)

CLASS DATE: Tuesday, April 23, 2024
CLASS TIMES: 4:30PM – 6:30PM
COST: $39 *includes tuition and materials

MARKETING YOUR SMALL BUSINESS: HOW TO PARTNER WITH MARKETING, ADVERTISING AND PR FIRMS TO TELL YOUR UNIQUE STORY

You hired a marketing firm. Now what? Discover what work products you should expect from communications professionals, what they should expect from you as the client, and how to make the most of your marketing, advertising and PR resources.

INSTRUCTOR: David Cheatham
LOCATION: CVCC Main Campus, Merritt Building
COST: $39.00
CLASS DATE: Thursday, February 15, 2024
CLASS TIME: 9:00AM – 11:00AM

*SHRM Professional Development Credits Available Upon Request.

Central Virginia Community College is recognized by SHRM to offer Professional Development Credits (PDCs) for the SHRM-CP® or SHRM-SCP® recertification activities.

MAGIC OR MYTH? NETWORKING THAT REALLY WORKS (SPRING 2024 LUNCH & LEARN)

Are you ready for best-practices in networking that are counter-intuitive? Learn which networking strategies work today, and which are outdated--and often counter-productive. Will that next post help or harm your career?

INSTRUCTOR: David Cheatham
LOCATION: CVCC Main Campus, Merritt Building
COST: $25.00
CLASS DATE: Tuesday, March 12, 2024
CLASS TIME: 12PM – 1:15PM (1:00PM – 1:15PM *15 minutes of networking)

REGISTRATION DEADLINE: March 6, 2024

*SHRM Professional Development Credits Available Upon Request.

Central Virginia Community College is recognized by SHRM to offer Professional Development Credits (PDCs) for the SHRM-CP® or SHRM-SCP® recertification activities.

DRONE UP – PROMOTING TEAMWORK WITH TECHNOLOGY

Drone Up is a fun, active team building event. Can your team carefully weave their drones through obstacles and pathways? If so, then your team will learn strategy, problem-solving and cooperation skills in a fun, innovative way. Each participant enjoys playing with a drone during this fast-paced program. Class objectives:

- Learn to create efficient strategies while maintaining high performance.
- Develop new skills or enrich current skills.
- Practice agility in rapidly changing situations.

INSTRUCTOR: Debra Burton Brown
LOCATION: CVCC Bedford Campus (Inside & Outdoor Classrooms)

CLASS DATE: Friday, June 14, 2024
CLASS TIME: 9:00AM – 12:00PM
COST: $49 *includes tuition and the use of drones (maximum 8 – 10 students)

COMMUNITY EDUCATION & PERSONAL ENRICHMENT

BASIC COMPUTER SKILLS TRAINING FOR BEGINNERS

This 4-session class is designed to expose participants to the basics of using a computer involving turning on/booting up, keyboard/mouse/pointer controls, desktop, control panels/settings, keyboard cursor, icons, menus, windows, files/folders, introduction the internet/search engines, and setting up/sending/receiving emails.

INSTRUCTOR: Dr. Brandon Mawyer
LOCATION: CVCC Main Campus, Merritt Hall, Room 5137 (Computer Lab)

COST: $29 *includes tuition and materials
COURSE OPTIONS:
CLASS DATES:

Fall 2023: Mondays, July 24 & 31; August 7 & 14, 2023,

Spring 2024: Mondays, January 29;
February 5, 12, & 19, 2024

CLASS TIMES: 6:00PM – 8:00PM

BECOME COMPUTER SAVVY - IMPROVE KEYBOARDING PROFICIENCY & LEARN TO EFFECTIVELY UTILIZE MS WORD, EXCEL & POWERPOINT

This 4-session class is designed to assist participants in improving keyboarding skills and be introduced to Microsoft Word, Excel, and PowerPoint. Topics include work areas/layouts, formatting text, inserting items/images, tracking changes, using basic formulas in Excel, creating PowerPoint slides, PP transitions/animations, and adding sounds/video in PP.

INSTRUCTOR: Dr. Brandon Mawyer
LOCATION: CVCC Main Campus, Merritt Hall, Room 5137 (Computer Lab)

COST: $29 *includes tuition and materials
COURSE OPTIONS:
CLASS DATES:

Fall 2023 Course: Mondays, August 21 & 28;
September 11 & 18, 2023,

Spring 2024 Course: Mondays, February 26;
March 4, 18 & 25, 2024

CLASS TIMES: 6:00PM – 8:00PM

FINANCIAL FITNESS

This 5-session class is designed to assist participants in understanding the many areas of financial literacy and improve their financial position in life. Topics covered in this course include: understanding assets and liabilities, assessing financial goals, money management, improving credit, building savings, legacy planning, and the basics of investing.

INSTRUCTOR: Dr. Brandon Mawyer

LOCATION: CVCC Main Campus, Merritt Hall, Room 5137 (Computer Lab)

COST: $29 *includes tuition and materials
COURSE OPTIONS:
CLASS DATES:

Fall 2023 Course: Mondays, September 25;
October 2, 16, 23 & 30

Spring 2024 Course: Mondays, April 1, 8, 15, 22 & 29, 2024

CLASS TIMES: 6:00PM – 8:00PM

DESIGN YOUR OWN VISION JOURNAL

This 3-hour workshop is designed to assist participants in creating their own unique vision journal. Participants are asked to reflect upon their goals and what they want out of life. The instructor-led class will help facilitate engagement relative to happiness and inspiration which will help participants to get started on mapping their vision. The workshop will help participants clarify goals in a fun and engaging manner.

INSTRUCTOR: Lori Cumbo
LOCATION: CVCC Main Campus, Merritt Hall
CLASS DATE: Tuesday, January 23, 2024
CLASS TIME: 5:30PM – 8:30PM
COST: $29 *includes tuition and materials

SMARTPHONE PHOTOGRAPHY WORKSHOP

This hands-on and interactive workshop will enhance your knowledge, skills, and creativity by learning from the instructor and fellow learners. Topics will include lighting, composition, and editing. Students will be encouraged to experiment with new techniques and procedures to become a more well-rounded mobile photographer. Students will share their best practices and photos with the class.

INSTRUCTOR: Jill Markwood
LOCATION: CVCC Main Campus, Merritt Hall
COST: $29.00 *includes tuition and materials *students are required to provide their own smartphone *class will be conducted in the classroom and outside on college campus
CLASS DATE: Friday, April 26, 2024
CLASS TIME: 9:00AM – 12PM

WORK-LIFE BALANCE – WHAT IT IS & HOW TO ACHIEVE IT (SKILLS BOOST SERIES)

This dynamic workshop will cover tips and techniques to improve work-life balance and reclaim control. Participants will review case studies and engage in discussions relative to becoming healthier, mentally, and physically, and producing more career wise. This workshop will show how to focus on the important things, set accurate and achievable goals, and communicate better with your peers at work and your family at home.

INSTRUCTOR: Lori Cumbo
LOCATION: CVCC Main Campus, Merritt Hall
CLASS DATE: Tuesday, May 7, 2024
CLASS TIME: 9:00AM – 12:00PM
COST: $29 *includes tuition and materials

LEARN HOW TO DANCE: INTRODUCTORY BLUES & EAST COAST SWING PROGRESSIVE 6-WEEK SERIES

This series is for beginners with no previous experience and for those who want to learn to become a better dancer. Students will learn step by step how to dance easily and effortlessly as the lead and follower in the East Coast Swing style (basic inside turn, hand change, leader turns, wrap, and momentum). You can find and enjoy a dancing space with all types of music (country, blues, big band, rock, pop, and more). You can bring a partner or come solo to join in the fun and build confidence. This will be the first of several dancing classes to build foundational skills, improve techniques, and help you feel comfortable in any setting to show off your new dancing abilities. Each session will include one hour of instruction and 15 minutes of social dancing and practice.

INSTRUCTOR: Jason Donahoo, Professional Dancer
LOCATION: CVCC Main Campus, Merritt Hall, Multipurpose Room
CLASS DATES: Tuesdays, August 22, 29 and September 5, 12, 19, & 26, 2023
CLASS TIME: 6:00PM – 7:15PM
COST: $99 (Bring a friend or partner for only $75)

LEARN HOW TO DANCE: INTRODUCTORY WEST COAST SWING PROGRESSIVE SERIES

This series is for beginners with no previous experience and for those who want to learn to become a better dancer. Lessons will focus on your ability to dance west coast swing. Participants will learn step by step how to dance easily and effortlessly as the lead and follower in the West Coast Swing style. The West Coast Swing is a smooth, modern swing dance with structured patterns to many music genres, including pop, rock, and R & B. You can bring a partner or come solo to join in the fun and build confidence. This will be the second of several dancing classes to build foundational skills, improve techniques, and help you feel comfortable in any setting to show off your new dancing abilities. Each session will include one hour of instruction and 15 minutes of social dancing and practice.

INSTRUCTOR: Jason Donahoo, Professional Dancer
LOCATION: CVCC Main Campus, Merritt Hall, Multipurpose Room
CLASS DATES: Tuesdays, February 20, 27 and March 5, 12, 19, & 26, 2024
CLASS TIME: 6:00PM – 7:15PM
COST: $99 (Bring a friend or partners for only $75)

RECREATIONAL & FUN BAKING, COOKING & DECORATING WORKSHOPS– FOR THE CHEF IN YOU!

EASY SUMMER & COZY FALL SOUPS

Soup is good for the soul, regardless of the season. Join Instructor Kevin Phelps in CVCC's kitchen to make a light and delicate flavored summer soup and a comforting and hearty fall soup. Participants will learn best tips in making the most out the local farmer's market and in-season ingredients. Participants will make their own soups as they watch a step-by-step demonstration. Students will finish off the evening testing their fare and enjoying a multitude of delicious flavors that can be easily replicated in the comfort of their own kitchen.

INSTRUCTOR: Kevin Phelps
LOCATION: CVCC Main Campus, Seven Hills Hospitality & Culinary Center
COST: $29.00 *includes tuition and materials
CLASS DATE: Thursday, July 27, 2023
CLASS TIME: 5:30PM – 8:00PM

HEALTHY SNACKS

This course covers instructions in the foundations of healthy eating, including basic nutrition information, proper dieting techniques, demonstrations, and hands-on preparation. Students will engage in various food preparation techniques and will consume their constructed snacks and meals.

INSTRUCTOR: Shane Stelter, MPHc, Specializes in Epidemiology and Nutrition
LOCATION: CVCC Main Campus, Merritt Hall
COST: $29.00 *includes tuition and materials
CLASS DATE: Thursday, August 31, 2023
CLASS TIME: 6:00PM – 8:00PM

THE ESSENTIALS OF HOLIDAY BAKING

Learn to bake holiday classics with Chef Mena. Students will revamp their skills and get ready for the holiday season. Our chef will walk you through making several treats from scratch, worthy of any occasion. At the end of class, students will go home with a few tasty treats.

INSTRUCTOR: Mena Hughes
LOCATION: CVCC Main Campus, Seven Hills Hospitality & Culinary Center
COST: $29.00 *includes tuition and materials
CLASS DATE: Thursday, November 2, 2023
CLASS TIME: 5:30PM – 7:30PM

LUNCH TIME PILATES FOR BEGINNERS (6-WEEK COURSE)

Get ready to do a series of movements that will stabilize and strengthen your core with CVCC's 6-Week Pilates Course. Pilates is a form of low-impact exercise that aims to strengthen muscles while improving postural alignment and flexibility. Exercises are done in a specific order, one right after another, focusing on emphasis technique. Benefits of Pilates include enhanced strength, more sculpted muscles, and increased flexibility. Participants may also have better posture and a better sense of well-being. If you're looking for functional movement and move better on a day-to-day basis with everyday tasks, this is the class for you. This is a beginner class and offers modifications for all fitness levels. Participants will not get sweaty as the pace will be slow and steady. Class exercises are suggestions. All participants are asked to listen to their bodies and obtain medical guidance as deemed appropriate.

INSTRUCTOR: Lucia "Lucy" Hathaway
LOCATION: CVCC Main Campus, Merritt Hall
COST: $29.00 *includes tuition and materials
CLASS DATE: Mondays & Wednesdays, September 11, 2023 – October 18, 2023
CLASS TIME: 12PM – 12:40PM

THE ART OF FRENCH COOKING

Learn the basics of French cuisine and classic cooking techniques in this interactive class. Chef Mena will incorporate the great talents of Julia Child and Jacque Pepin into the class! Join in the fun! (Joignez-vous à la fête!)

INSTRUCTOR: Mena Hughes
LOCATION: CVCC Main Campus, Seven Hills Hospitality & Culinary Center
COST: $29.00 *includes tuition and materials
CLASS DATE: Thursday, September 14, 2023
CLASS TIME: 5:30PM – 7:30PM

40-MINUTE LUNCH TIME YOGA (6-WEEK COURSE)

Friends, students,staff of CVCC and the community are invited to join in this fun and relaxing course. Our lives can get hectic with schedules filled with professional personal responsibilities. Prepare to get out of your head and onto your mat. Learn whole breathing techniques and focusing on the entire body. Hit refresh, take a Yoga lunch break, and you will absolutely feel more productive and amazing.

Participants will not get sweaty as the pace will be slow and steady. Class exercises are suggestions. All participants are asked to listen to their bodies and obtain medical guidance as deemed appropriate.

INSTRUCTOR: Lucia "Lucy" Hathaway
LOCATION: CVCC Main Campus, Merritt Hall
COST: $29.00 *includes tuition and materials
CLASS DATE: Mondays & Wednesdays, February 5, 2024 – March 13, 2024
CLASS TIME: 12PM – 12:40PM

WINTER SOUPS TO WARM YOU UP

As the weather gets colder, celebrate winter by keeping warm and full of savory and flavorful soups. Participants will grab a stockpot and start simmering along with Instructor Kevin Phelps as he demonstrates soups that are easy to pull together and easy to freeze beautifully to enjoy for many days. The instructor will demonstrate a multitude of ways to season and prepare flavorful soups as participants follow along making and taste testing their own soups. Participants will learn how to impress family and dinner guests with homemade soups that are sure to warm everyone up from the inside out.

INSTRUCTOR: Kevin Phelps
LOCATION: CVCC Main Campus, Seven Hills Hospitality & Culinary Center
COST: $29.00 *includes tuition and materials
CLASS DATE: Thursday, February 8, 2024
CLASS TIME: 5:30PM – 8:00PM

ST. PATRICK'S DAY THEMED COOKING

Bring a little luck and fun to your kitchen table with Chef Mena. Learn how to prepare traditional and hearty Irish fare. This hands-on culinary exprience will allow students to learn techniques and recipes. Students will be inspired by a tasting session at the end of class in celebration of St. Patrick's Day.

INSTRUCTOR: Mena Hughes
LOCATION: CVCC Main Campus, Seven Hills Hospitality & Culinary Center
COST: $29.00 *includes tuition and materials
CLASS DATE: Thursday, March 14, 2024
CLASS TIME: 5:30PM – 7:30PM

SAVORY & HEALTHY SMOOTHIES

This course covers instructions in the foundations of healthy smoothie eating, include appropriate nutrition information, proper portion control, demonstrations, and hands-on preparations. Students will engage in smoothie preparation and consumption of their constructed smoothies.

INSTRUCTOR: Shane Stelter, MPHc, Specializes in Epidemiology and Nutrition
LOCATION: CVCC Main Campus, Merritt Hall
COST: $29.00 *includes tuition and materials
CLASS DATE: Thursday, April 25, 2024
CLASS TIME: 6:00PM – 8:00PM

GET READY FOR THE PERFECT OUTDOOR FEAST WITH A SUMMER PICNIC

Equip yourself with time-saving tips, recipes, and new ways to enjoy a summer outing and celebration. Students will take advantage of the season's fruits, berries, and vegetables and experience firsthand the concept of farm to table. Our chef will demonstrate how to make sure your picnic basket is perfectly packed considering variables such as venue, temperature control, containers, tools & utensils, and what to pack to keep everyone comfy. At the end of class, students will enjoy tasting samples from class and be ready to plan for a fun summer outing to dine al fresco.

INSTRUCTOR: Mena Hughes
LOCATION: CVCC Main Campus, Seven Hills Hospitality & Culinary Center
COST: $29.00 *includes tuition and materials
CLASS DATE: Thursday, June 13, 2024
CLASS TIME: 5:30PM – 7:30PM

FUN & FABULOUS CAKE DECORATING WORKSHOPS

CVCC is partnering with Gabrielle Gerling, Baker, Cake Decorator, and Owner of Sugar Blush Bakery, to offer a wonderful decorating experience for everyone – no matter what the skill set! Learn how to make your cakes look as good as they taste with decorating techniques from a pro. At the end of each class, students will take their cakes home to enjoy and share. Join Gabrielle in helping "Bake the world a better place, one cake at a time"!

LOCATION: CVCC Main Campus, Merritt Hall, Multipurpose Room
CLASS DATES:

Saturday, August 26, 2023: Ice Cream Social Cake Décor Class

Saturday, October 7, 2023: Festive Fall Themed Class

Saturday, December 2, 2023: Winter & Holiday Design Class

Saturday, February 10, 2024: Valentine Sweetheart Cake Decorating Class

CLASS TIME: 10:00AM – 11:30PM
COST: $29.00 per person per class

GABRIELLE
GERLING

CVCC's WORKFORCE HORTICULTURE & GREEN THUMB SERIES

Join in the fun with Yvonne Hansotte and the WF Team. You are sure to "grow" your plant knowledge by attending multiple courses in our Horticulture series. Individuals participating in four or more workshops can register for one Green Thumb Workshop for Free.

TREE IDENTIFICATION

Improve your identification of diverse types of trees Native to Central Virginia using bark, buds, fruits, and leaves. This instructor-led course will allow students to explore the many variations of trees on the main campus and along the nature trail. Participants are encouraged to wear comfortable and safe walking attire and take precautions concerning sunlight, insects, and other outdoor exposures.

INSTRUCTOR: Teresa Ranson
LOCATION: CVCC Main Campus, Merritt Hall
CLASS DATE: Friday, September 22, 2023
CLASS TIME: 9:00AM – 12PM
COST: $29 *includes tuition and materials

HALLOWEEN BOO-QUET MAKING WORKSHOP

Join us for a fun night of learning basic floral design skills, while getting to create your very own Halloween Boo-quet. We will be designing a fall/Halloween themed arrangement with live flowers in floral form. You will learn how to properly process store bought flowers, how to maintain vase and foam arrangements for longer flower life and the basic techniques in floral design. These techniques include balance, proportion, color, and harmony and becoming familiar with the material and tools used in the trade.

INSTRUCTOR: Yvonne Hansotte
LOCATION: CVCC Main Campus, Merritt Hall
CLASS DATE: Thursday, October 5, 2023
CLASS TIME: 6:00PM – 8:00PM
COST: $35 *includes tuition and materials

FESTIVE FALL FLORALS WORKSHOP

Fall is a wonderful time to gather with family and friends and what makes a table setting look better than fresh florals? Join us for a night of creating a perfect piece to contribute to your fall dinner table. We will be designing a fall/harvest themed arrangement with live flowers in floral foam. You will learn how to properly process store bought flowers, how to maintain vase and foam arrangements for longer flower life and the basic techniques used in floral design. These techniques include balance, proportion, color, and harmony and becoming familiar with the material and tools used in the trade.

INSTRUCTOR: Yvonne Hansotte
LOCATION: CVCC Main Campus, Merritt Hall
CLASS DATE: Thursday, November 16, 2023
CLASS TIME: 6:00PM – 8:00PM
COST: $29 *includes tuition and materials

LIVE WREATH AND BOW MAKING WORKSHOP

In this workshop you will learn several types of evergreen trees/shrubs used for holiday décor, varieties you could plant at home and cut from year to year, how to take proper cuttings from a tree and use them to construct a live wreath, and how to tie and attach a 6 loop bow to your wreath. This workshop is hands-on, allowing students to learn about the process while constructing their own wreath and bow to take home and display. Get in the holiday spirit by bringing a friend, having some fun being creative and stepping up your winter decorating game!

INSTRUCTOR: Yvonne Hansotte
LOCATION: CVCC Main Campus, Merritt Hall
CLASS DATE: Thursday, December 7, 2023
CLASS TIME: 6:00PM – 8:00PM
COST: $35 *includes tuition and materials

TERRARIUM MAKING WORKSHOP

In this workshop you will learn about the different types of terrariums, what plants thrive in them, and how to create and maintain an "open" terrarium. This workshop is hands-on, allowing students to learn about the process while continuing to care for the terrarium at home. Working with live plants, mosses, rocks, and tiny figurines are all part of making your terrarium a statement piece of your personal style. This is a fun class for all ages, so bring your friends and family!

INSTRUCTOR: Yvonne Hansotte
LOCATION: CVCC Main Campus, Merritt Hall
CLASS DATE: Wednesday, January 24, 2024
CLASS TIME: 6:00PM – 7:30PM
COST: $29 *includes tuition and materials

NATIVE SOILS, COMPOST, VERMICULTURE, POTTING MEDIA AND FERTILIZERS WORKSHOP

Want your plants to not just survive but thrive?? That starts with a good soil/media and knowing how to improve what we already have. In this workshop you will learn about our native soils in this area; the good and bad about them and how to amend them. We will talk compost; how to start one, how to maintain one, and how to use the product once you make it. We will also discuss worm farming; using composting worms (vermiculture) to make use of vegetable scraps and cardboards found around the house. Worms produce "black gold" that can be very beneficial for your plants. We will also go through the different types of fertilizer options, how to know exactly what you are getting and how and when to apply them. We will troubleshoot various nutrient deficiencies and how to amend them. This workshop will have a hands-on component where we will learn how to mix our potting media and each ingredient's purpose within the mixture. Each student will each get to take home some of the mixture you create, as well as a tropical houseplant, to try it on!

INSTRUCTOR: Yvonne Hansotte
LOCATION: CVCC Main Campus, Merritt Hall
CLASS DATE: Wednesday, February 28, 2024
CLASS TIME: 6:00PM – 7:30PM
COST: $29 *includes tuition and materials

POLLINATORS AND NATIVE PLANTS WORKSHOP

Interested in supporting the ecosystem around your house to increase native pollinators and vegetable yields? In this class we will be discussing great native options to plant in your landscapes to do just that. We will also be discussing good options to plant to support pollinators and where to buy these plants. Native plants thrive when planted in our landscapes because they are adapted perfectly to our soils and weather. They also tend to be maintenance free and they support native wildlife, birds and beneficial insects. Each student will be going home with a few native plants to start off or add to your collection!

INSTRUCTOR: Yvonne Hansotte
LOCATION: CVCC Main Campus, Merritt Hall
CLASS DATE: Wednesday, March 6, 2024
CLASS TIME: 6:00PM – 7:30PM
COST: $29 *includes tuition and materials

COMPANION PLANTING, SMALL SPACE GARDENING AND SEASONAL COLOR IN THE LANDSCAPE WORKSHOP

In this workshop we will be covering what plants can be planted with others for any number of different reasons, including pest control, pollination, providing habitat for beneficial insects, maximizing use of space, and increasing crop productivity. We will also cover some techniques for growing more things in a small space and some good varieties of plants for these smaller spaces. Lastly, we will cover seasonal color in the landscape. We will look at many examples of plants that have interest in each season and how to time a landscape design to have pops of color year-round.

INSTRUCTOR: Yvonne Hansotte
LOCATION: CVCC Main Campus, Merritt Hall
CLASS DATE: Wednesday, April 10, 2024
CLASS TIME: 6:00PM – 7:30PM
COST: $35 *includes tuition and materials

APRIL SHOWERS BRING MAY FLOWERS FLORAL WORKSHOP

Who doesn't love fresh flowers on the table? A Harvard study found that decorating with a fresh bouquet for even one week led participants to feel more compassion for others, experience less worry and anxiety, and develop fewer feelings of depression. Uhm, hello, sign me up!! Join us for a fun night of creating a perfect pop of color for your home décor. We will be designing a fun summertime themed arrangement with live flowers in a vase. You will learn how to properly process store bought flowers, how to maintain vase and foam arrangements for longer flower life and the basic techniques used in floral design and vase arrangements. These techniques include balance, proportion, color, and harmony, as well as becoming familiar with the material and tools used in the trade.

INSTRUCTOR: Yvonne Hansotte
LOCATION: CVCC Main Campus, Merritt Hall
CLASS DATE: Wednesday, May 22, 2024
CLASS TIME: 6:00PM – 8:00PM
COST: $35 *includes tuition and materials

PLANT PROPAGATION / PLANT SWAP WORKSHOP

In this workshop you will learn various ways to propagate plants and get to try this process out in person. We will be going over sexual and asexual propagation techniques and performing a variety of those on a collection of house plants, perennials, trees and shrubs. Please feel free to bring in one or two or more plants to share as well as any seeds you would like to share with the group. The more we bring in, the more we can learn hands on and be able to take home. Each student will get to keep the plants you propagate in this workshop and take them home to root. Be prepared to grow your plant collection and knowledge.

INSTRUCTOR: Yvonne Hansotte
LOCATION: CVCC Main Campus, Merritt Hall
CLASS DATE: Wednesday, June 5, 2024
CLASS TIME: 6:00PM – 7:30PM
COST: $29 *includes tuition and materials

ONLINE CAREER TRAINING & CREDENTIALING PROGRAMS

Web-based learning programs to acquire professional level positions for many in-demand occupations. Visit https://careertraining.ed2go.com/centralvacc/ to explore & register for these programs.

- Certified Administrative Professional (Voucher Included)
- Certified Professional Life Coach (Exam Included)
- Certified Residential Interior Designer
- Certified Six Sigma Green Belt (Exam Cost Included)
- Cisco CCNA Certification Training (Voucher Included)
- Graphic Design with Photoshop (Software Included)
- Home Inspection Certificate
- Human Resources Professional with Payroll Practice and Management
- NASM Certified Personal Trainer and Exam Preparation (Voucher Included)
- Professional Bookkeeping with QuickBooks Online
- Project Management Essentials with CAPM Preparation
- Python Developer

AND MORE RELATED TO:

Arts & Design • Business • Computer Applications • Computer Science • Health & Fitness • Hospitality • Information Technology • Legal • Teacher Professional Development • Writing • Externship Programs • Virtual Career Center

ONLINE EDUCATION: SHORT PERSONAL & PROFESSIONAL SKILLS TRAINING

Explore affordable, fun, fast, and convenient courses at https://cvcc.augusoft.net.

BUSINESS COMMUNICATION: Conflict Management
BUSINESS & PROFESSIONAL: Introduction to Critical Thinking • Principles of Marketing for Nonprofit Organizations

DATA SCIENCE: Microsoft Power BI Desktop
EDUCATION: High School – Online GED Preparation
HEALTHCARE & FITNESS: Personal Stress Reduction
HUMAN RESOURCES: Spanish for Medical Professionals
LEADERSHIP: Emotional Intelligence for Managers • Leadership and Work-Life Balance • Leadership Principles

MANAGEMENT: Managing Remote Workers Certificate
PERSONAL DEVELOPMENT: Beginning Conversational Spanish

SOCIA MEDIA FOR BUSINESS: Integrating Social Media in Your Organization

TECHNOLOGY SKILLS: Adobe InDesign Essentials
TRAINING & EDUCATION: Fostering Online Discussion

And more...

Explore additional options in our catalogue at www.ed2go.com/cvcc/.

COURSE CATEGORIES:

Arts & Design • Business • Computer Applications Computer Science Construction and Trades • Exam Prep • Health and Fitness • Hospitality • Information Technology • Real Estate

ONLINE TEACHER PROFESSIONAL LEARNING

Effective professional development courses promote sophisticated forms of teaching needed to develop student competencies such as proficiency in challenging content, critical thinking, complex problem-solving, effective communication and collaboration, and self-direction. Search and register at https://cvcc.augusoft.net.

- Bullying in School
- Classroom Management Secrets
- Creating Safe Classroom Environments
- Differentiation for the Elementary Classroom
- Flipped Learning for the Elementary Classroom
- Fueling Creativity in the Classroom
- Generational Learning Styles
- Individualized Education Plan for English Language Learners
- Instruction for Academically Diverse Classrooms
- Instructional Strategies for Academic Success
- Learning Disabilities: Practical Information for the Special Education Teacher
- Preschool Fun Ideas
- Project Based Learning Techniques
- Rookie Teacher Survival Guide
- SMART Board Training
- STEM for Teachers in Grades 4-8
- STEM in Elementary Classroom
- Student Engagement and Learning
- Supporting Students with Autism Spectrum Disorders
- Teaching Gifted Learners
- Teaching Struggling Readers
- The Flipped Classroom
- Threat Assessment in Schools
- Using Technology in Your Classroom

MOTORCYCLE PROGRAMS

BASIC MOTORCYCLE (2-WHEEL COURSE)

The Basic Rider Course (BRC) is a complete entry-level, learn to ride class. This 15-hour class consists of classroom instruction and on motorcycle operation and instruction. Upon successful completion of the course, students are provided a Virginia license waiver to be taken to the DMV for endorsement purposes.

NEW PROGRAM INFORMATION

Students must complete, on their own, an online portion to participate in the program and will be emailed a link approximately two weeks before class. Once complete, you must bring the certificate to the instructor on the first day of class. If you do not have the certificate, you will be dropped from the program and ineligible for a refund.

This program is physically demanding, and students should be in good physical condition. Students must have a valid driver's license or learner's permit, sturdy shoes high enough to cover the ankle, full fingered gloves, long pants without holes in the legs, and eye protection. Motorcycles (none larger than 500 cc) and helmets are provided for this program. If you choose to bring your own helmet it must be at minimum, a 3/4 shell, DOT approved helmet. No skull or half helmets permitted.

Students under 18 years of age must have parent signature on waiver forms.

LOCATION: CVCC Main Campus - Motorcycle Parking Lot 3
COST: $219 *includes tuition, textbook, and materials
COURSE OPTIONS:
WEEKEND CLASS DATES:

- June 16 - 18, 2023
- July 21 - 23, 2023
- August 18 - 20, 2023
- August 25 - 27, 2023
- September 15 - 17, 2023
- November 10 - 12, 2023
- November 17 - 19, 2023
- December 8 - 10, 2023
- December 15 - 17, 2023

CLASS DAYS: Friday, Saturday, and Sunday
CLASS TIMES: Friday: 6:00PM – 10:00PM
Saturday and Sunday: 7:00AM – 12:30PM
WEEKDAY CLASS DATES: October 3-5, 2023
CLASS DAYS: Tuesday, Wednesday, and Thursday
CLASS TIMES:
Tuesday: 8:30AM – 12:30PM
Wednesday and Thursday: 7:00AM – 12:30PM

BASIC MOTORCYCLE RIDER COURSE 2

The BRC2 (Basic Rider Course 2) class is for the rider who wants to refresh and practice street riding maneuvers. Many Basic Rider graduates take the BRC2 as a fun way to get additional practice on their personal motorcycle. This class is NOT FOR BEGINNING RIDERS.

PROGRAM REQUIREMENTS:

- Valid Class M on license and proof of insurance
- Sturdy shoes high enough to cover the ankle
- Full fingered gloves
- Long pants without holes in the legs (denim jeans are suggested)
- Eye protection (sunglasses or eyeglasses are suitable for range conditions)
- At minimum, a 3/4" shell, DOT-approved helmet must be used while on the motorcycle range. CVCC has a limited supply of helmets for student use. No skull or half helmets are permitted.
- Students under 18 years of age must have parent signature on waiver forms Students WILL NOT be permitted to ride if they do not meet ALL program requirements.

LOCATION: CVCC Main Campus, Motorcycle Parking Lot 3
COST: $75
COURSE OPTIONS:
WEEKEND CLASS DATES: April 29, 2023
CLASS DAY: Saturday
CLASS TIME: 7:30AM – 2:00PM
WEEKDAY CLASS DATES: September 14, 2023, November 9, 2023
CLASS DAY: Thursday
CLASS TIME: 7:30AM – 2:00PM

MOTORCYCLE 3- WHEEL (CAN-AM)

Students must register with Bombardier Recreational Products (BRP) Learn to ride a 3-wheel motorcycle - Can-Am On-Road (brp.com) to make payment for this course.

CVCC in partnership with Bombardier Recreational Products, (BRP) manufacturers of Can-am vehicles, offers a 3-wheel class designed to teach riders the skills necessary to safely operate a three-wheel vehicle on the street, even if one has never ridden any kind of motorcycle. A can-am on-road model will be provided for the course.

PROGRAM REQUIREMENTS:

- Valid driver's license or learner's permit
- Sturdy shoes high enough to cover the ankle
- Full fingered gloves
- Long pants without holes in the legs (denim jeans are suggested)
- Eye protection (sunglasses or eyeglasses are suitable for range conditions)
- At minimum, a 3/4" shell, DOT-approved helmet must be used while on the motorcycle range. CVCC has a limited supply of helmets for student use. No skull or half helmets are permitted.
- Students under 18 years of age must have parent signature on waiver forms Students WILL NOT be permitted to ride if they do not meet ALL program requirements.

LOCATION: CVCC Main Campus, Motorcycle Parking Lot 3
COST: Determined by Bombardier Recreational Products (BRP)

COURSE OPTIONS:
WEEKEND CLASS DATES

- June 23 - 25, 2023
- July 7 - 9, 2023
- August 4 - 6, 2023
- September 22 - 24, 2023
- October 13 - 15, 2023
- November 3 - 5, 2023
- December 1- 3, 2023

CLASS DAYS: Friday, Saturday, and Sunday
CLASS TIMES: Friday: 6:00PM — 10:00PM

Saturday and Sunday: 7:00AM — 12:30PM

WEEKDAY CLASS DATES:

- June 6 - 8, 2023
- August 8 - 10, 2023
- September 5 - 7, 2023

CLASS DAYS: Tuesday, Wednesday, and Thursday
CLASS TIMES: Tuesday: 8:30AM — 12:30PM

Wednesday and Thursday: 7:00AM — 12:30PM

LOOKING FOR TIPS FOR BETTER HEALTH?
"Let's C.H.A.T" Mini-Health Series
Free Information Sessions • www.cvhd.org

**Sign up for these free health awarness information sessions provided by
The Community Health Awareness Team (C.H.A.T) & The Community Access Network!**

C.H.A.T Partners: Johnson Health Center, Central Virginia Health, District & Community Access Network

LOCATION OF INFORMATION SESSIONS:
CVCC Main Campus, Merritt Hall

CONTACT: Madison Horacek
(804) 971-7118 • *Madison.Horacek@vdh.virginia.gov*

TOPIC	6:00PM – 7:00PM	12 NOON – 1:00PM
HEALTH & NUTRITION		
Mapping Out Insurance: Medicaid/Medicare, Marketplace, Safety-Net Organizations for Uninsured	**Monday, July 10, 2023**	**Wednesday, July 19, 2023**
Preventing Diabetes: What is Diabetes? Eating Healthy and Exercising to Prevent Diabetes, Sustainable Lifestyle Changes	**Monday, August 7, 2023**	**Wednesday, August 16, 2023**
General Health & Nutrition: What is Health? Dimensions of Health & Nutrition	**Tuesday, September 5, 2023**	**Wednesday, September 20, 2023**
BRIDGING THE GAP BETWEEN MENTAL & PHYSICAL WELLNESS		
Reducing the Stigma: Discussion on Stigma & Available Services	**Tuesday, October 3, 2023**	**Wednesday, October 25, 2023**
Health & Physical Activity: Physical Activity, Exercise Intensity, Anaerobic/Aerobic	**Monday, November 6, 2023**	**Wednesday, November 29, 2023**
Parent's View on Child's Mental Health: Signs of Risky Behavior, Conversations, Interventions & Resources	**Monday, January 8, 2024**	**Wednesday, January 17, 2024**
WHAT'S AROUND YOU		
Community Resources & Connections: Food/Clothing, Medical Services & Transportation	**Tuesday, February 6, 2024**	**Wednesday, February 21, 2024**
Domestic Violence: Different Forms of Abuse, Legal Rights & a Way Out	**Tuesday, March 5, 2024**	**Wednesday, March 20, 2024**
A Women's World: Life Stages, Common Issues & Resources	**Monday, April 1, 2024**	**Wednesday, April 17, 2024**
Autism Discussions & Resources for Parents	**Monday, May 6, 2024**	**Wednesday, May 22, 2024**

Free "Healthy You" Interactive Information Sessions

Offered by the Community Access Network

www.communityaccessnetwork.org

CALL COMMUNITY ACCESS NETWORK TO REGISTER AT (434) 238-2722 TO RESERVE A SEAT.

HEALTHY YOU	
Heart Healthy	**Thursday, July 6, 2023**
Living with Diabetes	**Thursday, February 1, 2024**

CONTINUE & ADVANCE YOUR CAREER PATH WITH CVCC!

EXPLORE AND REGISTER FOR CLASSES

Counseling/Advising Department

centralvirginia.edu/cvcc-counselors

(434) 832-7800

INDUSTRY & MANUFACTURING

- Computer & Electronic Technology
- Computer Networking
- Computer Numerical Control
- Engineering
- Machine Tool & Quality
- Machine Tool Diploma
- Mechatronics
- Industrial Maintenance
- Nuclear Technician-Mechatronics
- Nuclear Technician- General

BUSINESS

- Administrative Management Technology
- Management
- Business Administration
- Business Management
- Culinary Arts and Management
- General Clerical
- Hospitality Management

EDUCATION

- Early Childhood Development
- Education

HEALTH SCIENCES

- Health Sciences
- Medical Laboratory Technology
- Radiologic Technology
- Respiratory Therapy Technology
- Medical Coding
- Pre-Allied Health

SCIENCE, TECHNOLOGY, ENGINEERING & MATH

- Cyber Security
- Information Systems Technology

PUBLIC SAFETY

- Administration of Justice
- Advanced Emergency Medical Technician
- Corrections Officer
- Emergency Medical Services - Paramedic
- Emergency Medical Technician
- Law Enforcement
- Public Safety Telecommunications

SKILLED TRADES

- Electrical Technology
- Heating, Ventilation, and Air Conditioning (HVAC)
- Welding Technology

HUMANITIES, ARTS & COMMUNICATION

- General Studies
- Science

YOUR CVCC WORKFORCE SOLUTIONS PROFESSIONAL TEAM

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AA/EEO/ADA/VA Relay 711

FOLLOW US ONLINE

CentralVirginia.edu/Workforce-Solutions

CVCC Workforce Solutions Office

3506 Wards Road
Lynchburg, VA 24502

OUR CATALOG

434.832.7607

workforce@centralvirginia.edu
centralvirginia.edu/Workforce-Solutions

Explore and register for classes at:
cvcc.augusoft.net